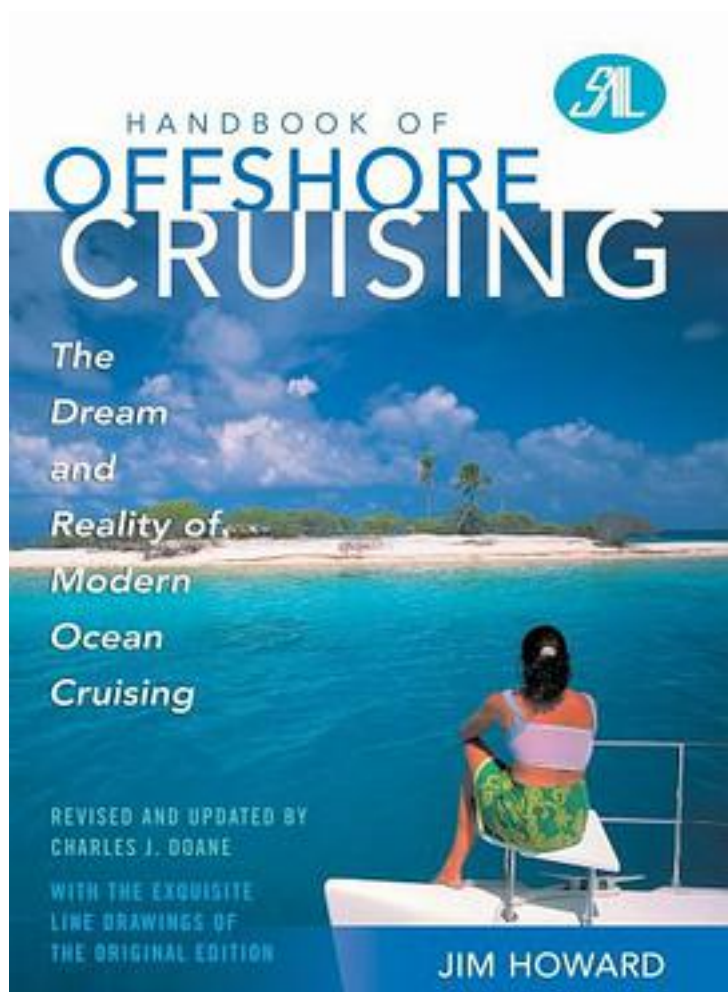


# Handbook of Offshore Cruising



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Since this book was first published in 1994, it has established itself as the most complete, most reliable, and most-read guide for those planning to sail across the

oceans. Now in a handy paperback, this second edition is both completely updated with reference to the ever-changing technology, especially electronics, and also maintains the clarity of style and organization that won the first edition so much praise from professionals and readers alike. For easy reference, this important handbook is divided into four parts: The Boat, The Systems and Equipment, The Voyage and In Port. Included are sections on: building or buying a boat, size considerations, rig and hull design, cruising multihulls, construction materials, spars and rigging, deck layout and equipment, cockpit, below decks, engines, plumbing, electrics and electronics, sails, and self-steerage systems. Security, maintenance, health and psychological issues are also covered.

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