

Walking on Water



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On September 5, 1984, eighteen-year-old Geoff Holt dived into an idyllic tropical sea, and his life changed forever. A broken neck cut short a promising career as a yachtsman and left him paralyzed, with his horizons reduced to an uncertain future in a wheelchair. On September 5, 2007, after a journey of 109 days and 1445 miles, Geoff Holt crossed the finish line in the Solent and reached the summit of his "Personal Everest." He was the first quadriplegic yachtsman to sail single handed around Britain. *Walking on Water* is Geoff's very personal story of his life before the accident: how he learned to live with his disability, how he achieved remarkable success in spite of it, and, in particular, how he rediscovered the sea and helped to promote sailing opportunities for disabled people. It is also the story of how he conceived, organized, and completed the dangerous Personal Everest voyage. Moving, uplifting, and written with humor, it is above all a journey through a remarkable life

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