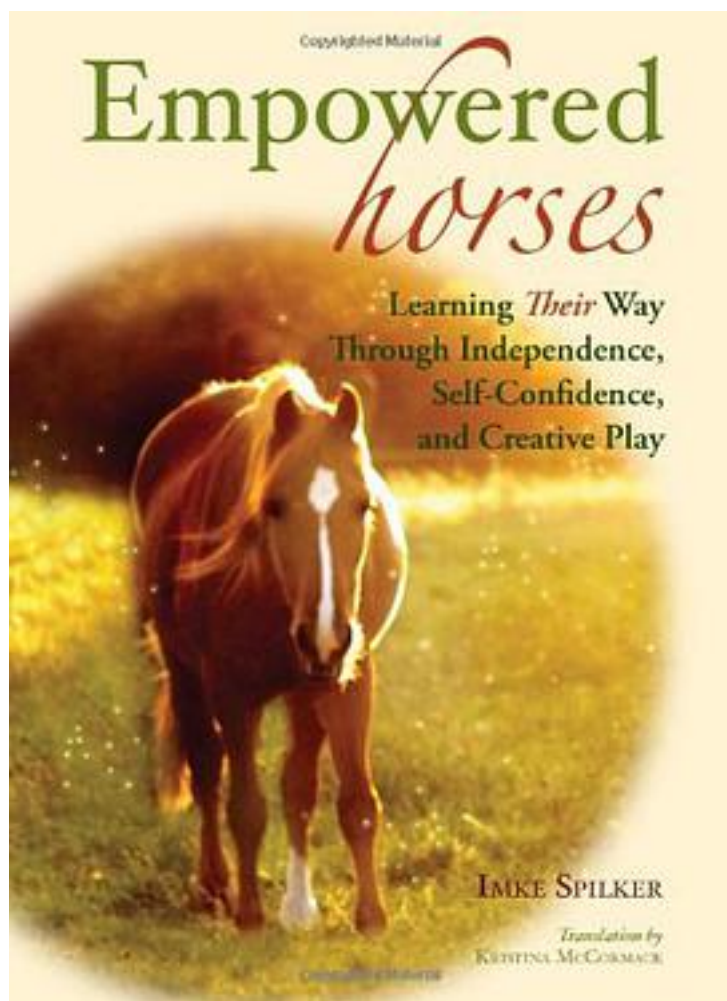


Empowered Horses



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著者:Spilker, Imke

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With illuminating text, this study explains why it is necessary for riders to carefully build a relationship that eliminates the traditional rider-as-oppressor dynamic and instead

empowers the horse to behave as an individual. To begin achieving this relationship, riders learn to transform a horse's work space into "free space" by giving their horse choices; by understanding how horses live and prefer to spend their time; by observing, sensing, and reflecting with the horse; and by using visual language to win the horse's friendship. The result is a surprising dialogue with the horse that yields an indomitable partnership--unparalleled improvement in the horse's attitude, health, balance, and movement, as well as mutual enjoyment of what was once the often dull, frustrating grind of daily training lessons.

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