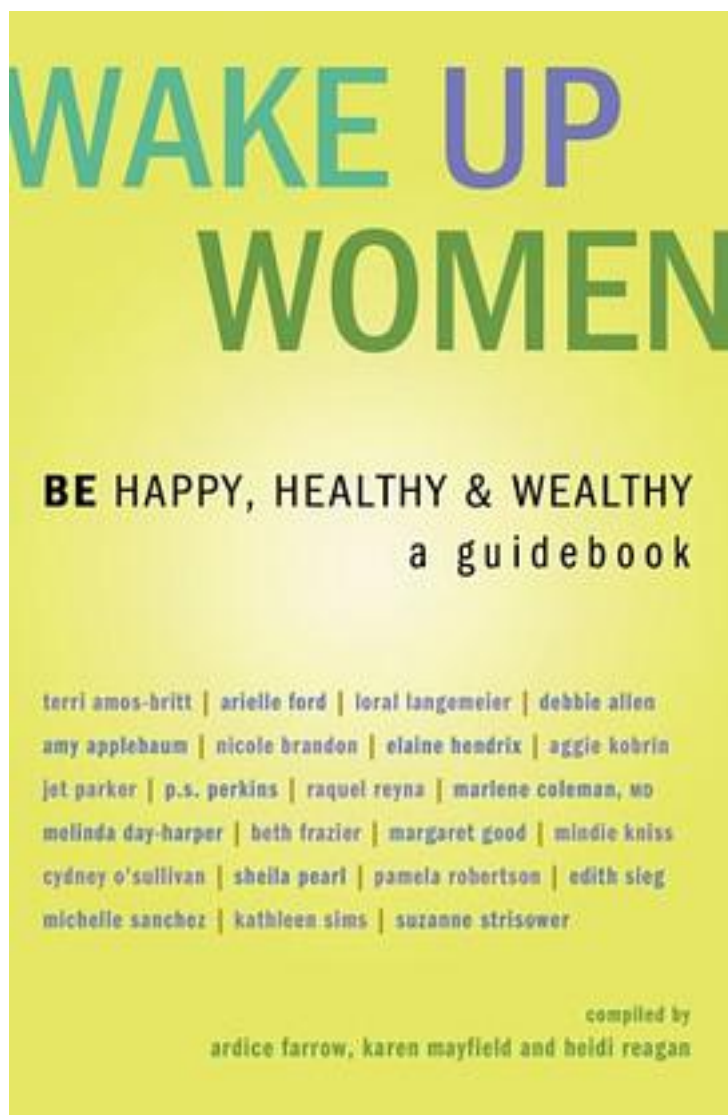


Wake Up Women



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From the best-selling series Wake Up...Live the Life You Love, Wake Up Women is sure to energize every part of your life with insights from this exceptional network of women. The more than 50 life coaches, doctors, actors, authors, executives, entrepreneurs and investors represented in this book have made it their life's work to help women take their lives to the next level. For the first time, they share their most deeply personal stories to help you "take your foot off the brakes" in your health, money, career, relationships and spiritual life. Contributors include Terri Amos-Britt, Arielle Ford, Loral Langemeier and Debbie Allen.

作者介绍:

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