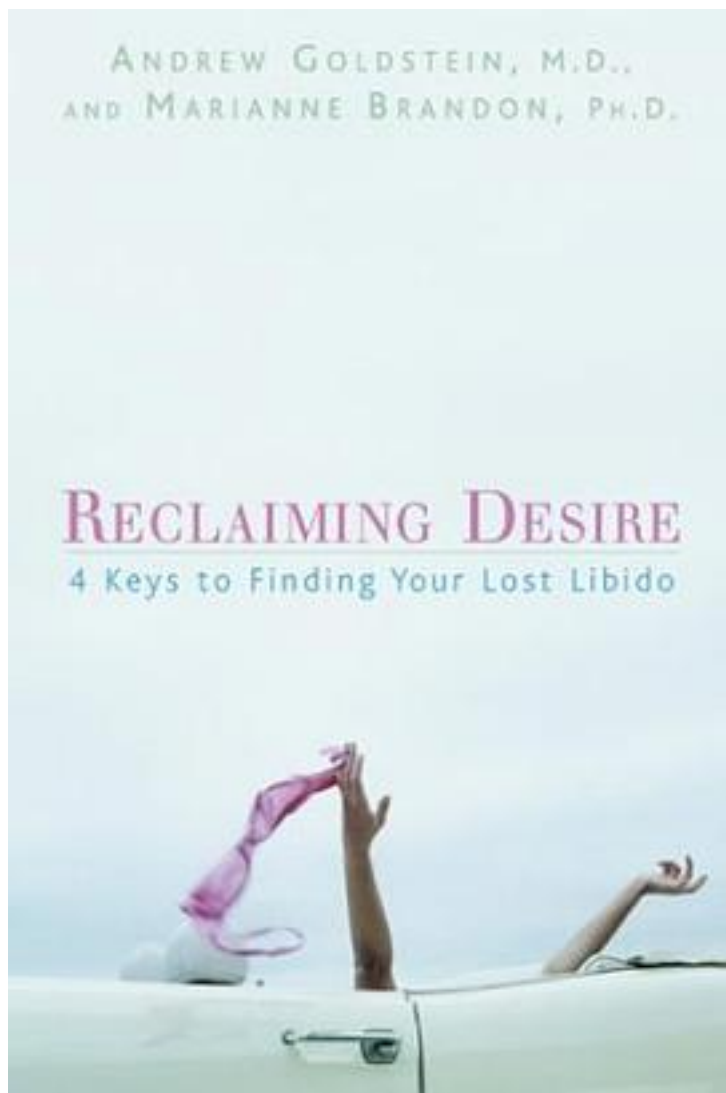


Reclaiming Desire



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著者:Goldstein, Andrew/ Brandon, Marianne, Ph.D.

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At some point in their lives, most women experience a decline in their sexual desire. Yet despite the vast number of books devoted to sex, surprisingly few focus on the problem of low libido. Fewer still offer any practical advice to the woman who has lost her sex drive and longs to find it again. Finally available in paperback, "Reclaiming Desire" presents the holistic approach that gynecologist Andrew Goldstein and clinical psychologist Marianne Brandon - co-founders of the Sexual Wellness Center in Annapolis, Maryland - use to successfully treat women with low libido. Capitalizing on their combined medical and psychological expertise, they reveal how a complex set of physical, emotional, intellectual, and spiritual factors - as well as specific life-changing events such as marriage, pregnancy, childbirth, divorce, and menopause - can affect female sex drive. Reading this book, women will come to understand that low libido isn't 'all in their heads' - or all in their bodies, for that matter. The problem is real and it's diverse - but it's curable.

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