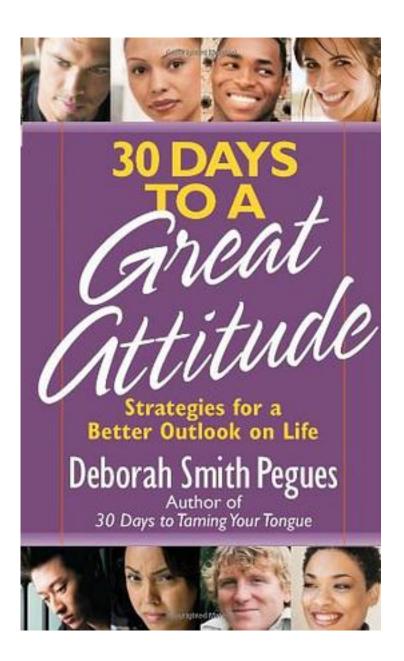
## 30 Days to a Great Attitude



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From Deborah Smith Pegues, popular author of the bestselling "30 Days to Taming Your Tongue", comes a powerful guide for conquering those bad attitudes that can derail your personal and professional relationships. Here's just a sampling of the attitudes Pegues tackles head on: condescension; control; envy; intolerance; judgmentalism; resentfulness; self-centeredness; sullenness; and, victim mentality. "30 Days to Improving Your Attitude" uses biblical and modern-day examples to help readers recognize and overcome such counterproductive behaviors as expecting failure, putting down someone else's success, being indifferent to the needs of others, and criticizing the conduct or choices others make. Scripture-based principles, heart-searching personal challenges, and healing prayers and affirmations will point readers toward the path to a new attitude.

作者介绍:
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