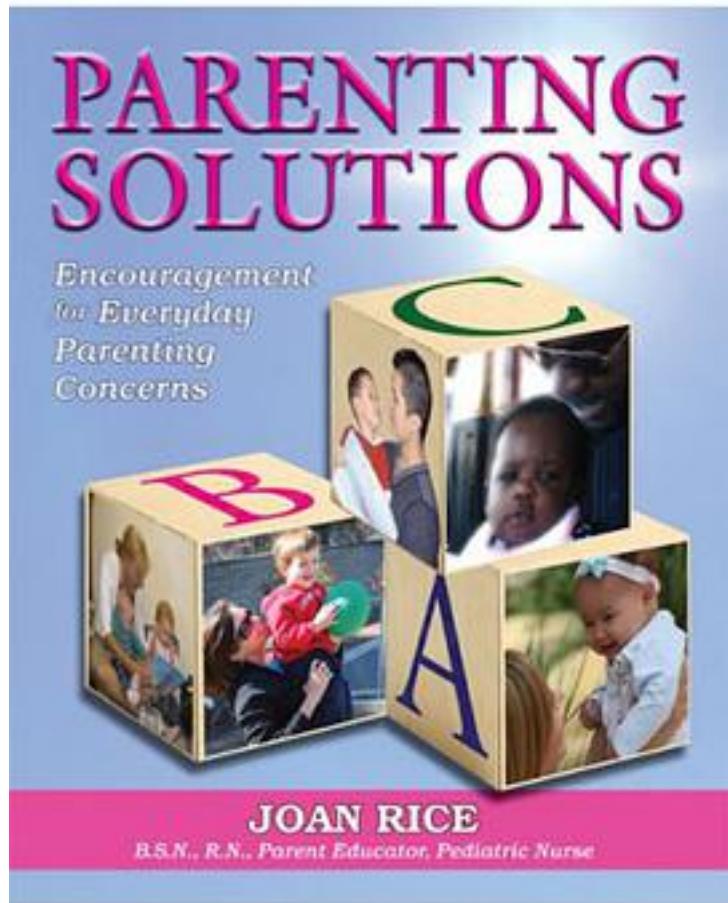


# Parenting Solutions



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This is a practical and down-to-earth guide to the everyday challenges both new and experienced parents face. Being a parent is one of the toughest but most rewarding jobs in the world - what works for some doesn't for others, and everybody has their own opinions. And whether you're a new parent, or have raised several children already, there are always new challenges and issues to cope with. "Parenting Solutions" is down-to-earth guide that offers parents practical advice and insight, without being pushy or preachy, on everything they need to know to give their child the best start in life. Chapters include: Living with your New Baby; Building Your Child's Self-Esteem; Nutrition Tips for the Young Child; Encouraging Your Child to Learn and Share; Sleep Strategies for Weary Parents; Reading Right from the Start; and, Learning in Preschool Years.

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