

Men's Health



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著者:Broom, Alex/ Tovey, Philip (EDT)

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This book explores the social, political and theoretical underpinnings of the men's health field. Written by experts in the field, it provides a comprehensive understanding of the relationships between cultural understandings and health-related issues. It looks at important issues such as prostate cancer, chest pain and heart disease and how men experience such problems. It examines sexuality, mental illness and ethnicity as well as the role that sport can play in men's health outcomes.

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