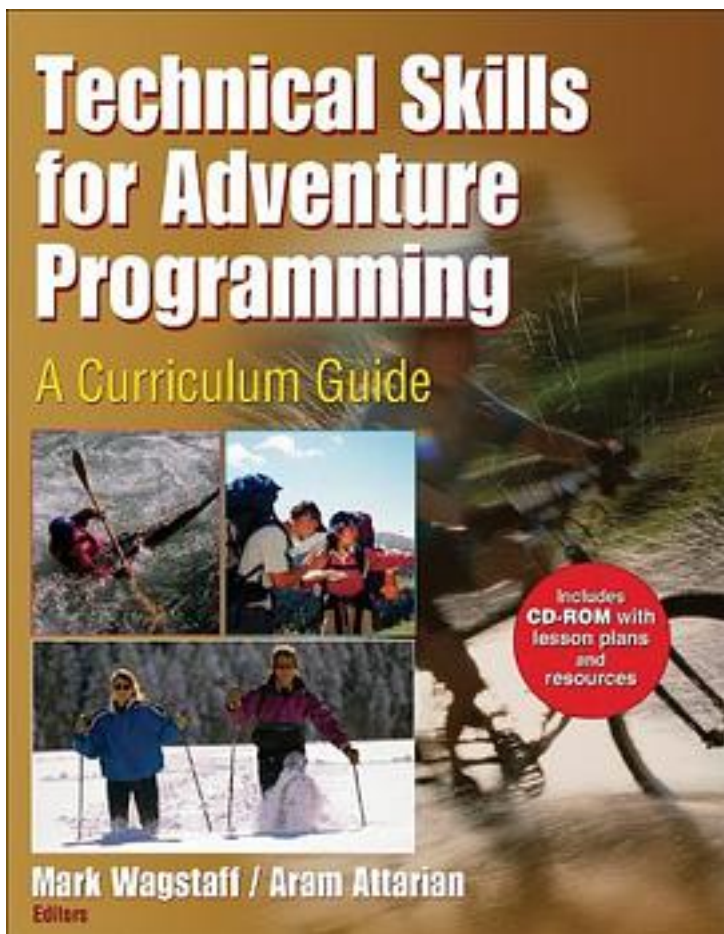# Technical Skills for Adventure Programming

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This book is an all in one resource for 12 land, water, ice and snow sports and outdoor activities. Written by expert instructors, the curriculum guide presents 12 pedagogically sound teaching units, with each containing 7 to 15 progressive lesson plans that teach

foundational knowledge's and skills for each activity. The format provides the reader with the flexibility to select and utilise the number of lesson plans and assessment strategies appropriate for the reader's group and number of classes for the setting.Both a classroom and field-friendly guide, the book has a bound in CD-ROM to support classroom instruction. Rather than take the book into the field, lessons or units worksheets or student assignments can be printed for on site instruction.

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