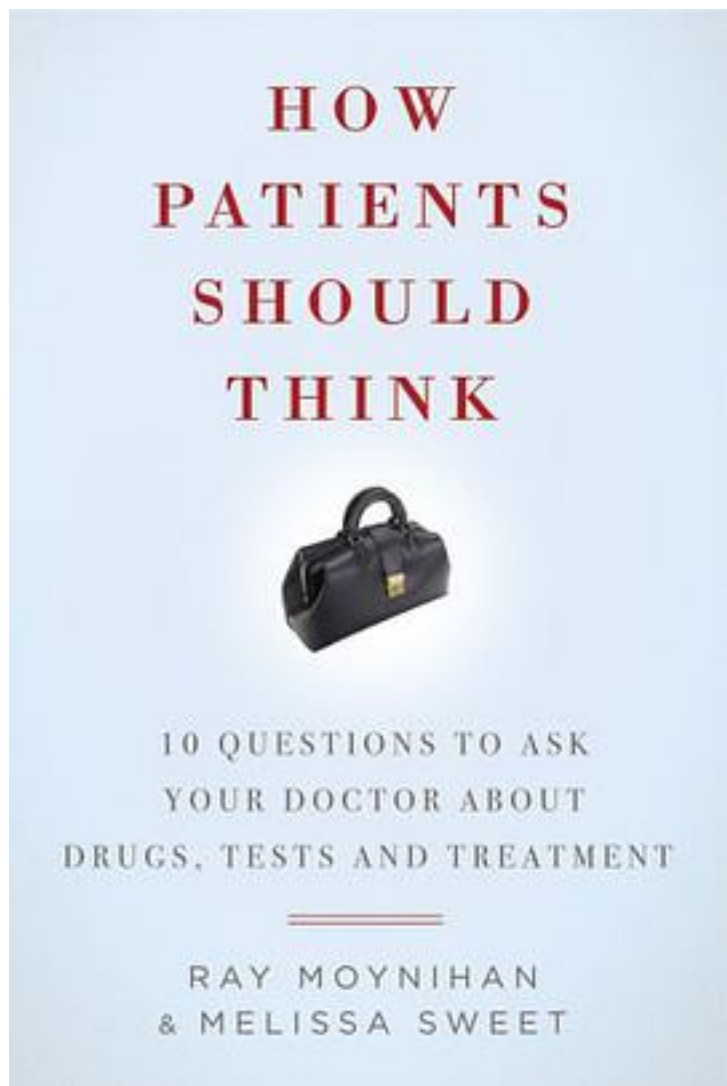


# How Patients Should Think



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In the heat of the moment, it is difficult to know what to ask our doctor so that we can reach the best possible solution or treatment. How can a doctor know to go through a list of risks, treatments and alternatives if the patient does not ask? This list of ten open-ended questions can help every type of patient get some control over the decisions that affect their help. Covering everything from tests to drugs to lifestyle issues, any or all of these ten questions can guide you to better decisions whether you've been told you have high cholesterol, your child has an ear infection, or that you need a CAT scan.

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目录:

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