

Ecoholic



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Ecoholic is an eye-opening guide to separating the green from the greenwashed in the maze of products lining our shelves. Unlike other eco guidebooks, Ecoholic names

names and gives you the dirt on what not to buy and why, as well as the dish on great clothes, beauty products, home supplies, and more. We all know that the earth is in trouble, but we're often left scratching our heads over how to change things. How do we avoid poisoning the planet and ourselves with the products we slather on our scalps and squirt onto our floors? And what safe alternatives actually get the job done? Filled with tips on everything from which seafood is safe to eat to getting the hormone disruptors out of your kids, your carpets, and your love life, Ecoholic is a witty and indispensable guide to the small ecochoices that make the biggest difference.

作者介绍:

目录:

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