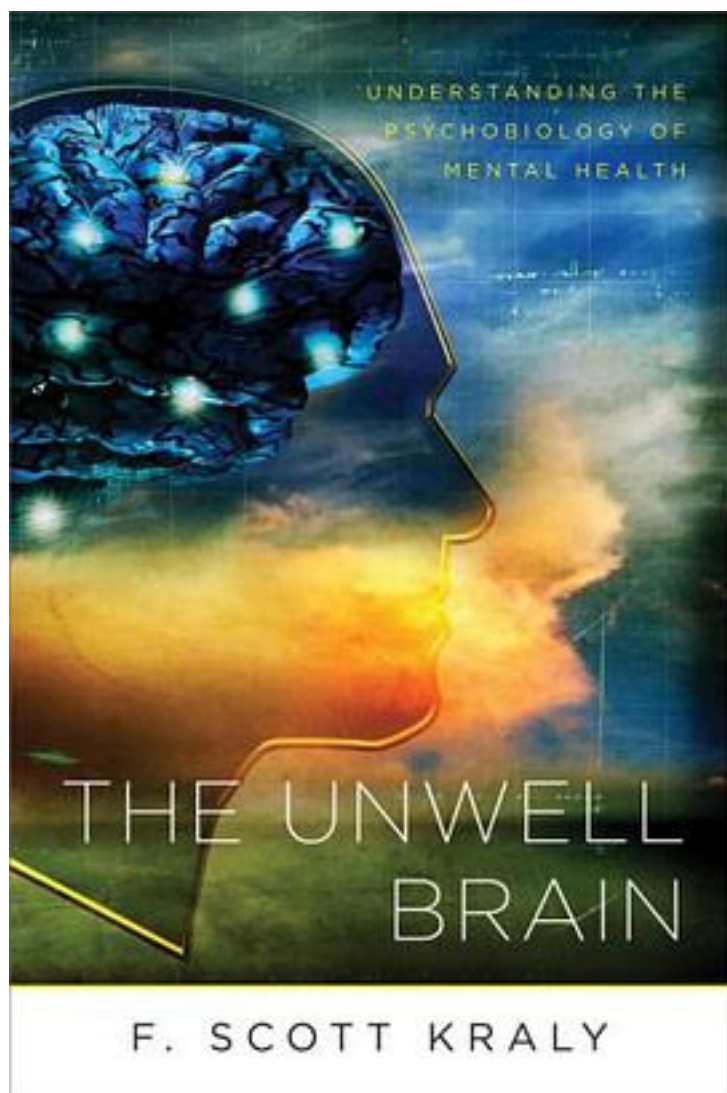


The Unwell Brain



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"What is going on in the brain of a person suffering a debilitating psychological disorder?" So begins Scott Kraly's explanation of how brain chemistry affects behavior. While we continue to learn about the complexities of neurobiology, and our "quick fix" drug therapy mentality continues to gain popularity, the brain remains a largely uncharted frontier, where questions outnumber answers. But Kraly effectively demystifies the field of neuroscience, offering a brisk, digestible narrative of how malfunctioning neurons and neurochemicals can result in psychological disorders, and, in turn, how pharmacotherapy and psychotherapy can help repair various mental health disorders. Also available in hardcover as Brain Science and Psychological Disorders: New Perspectives on Psychotherapeutic Treatment.

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