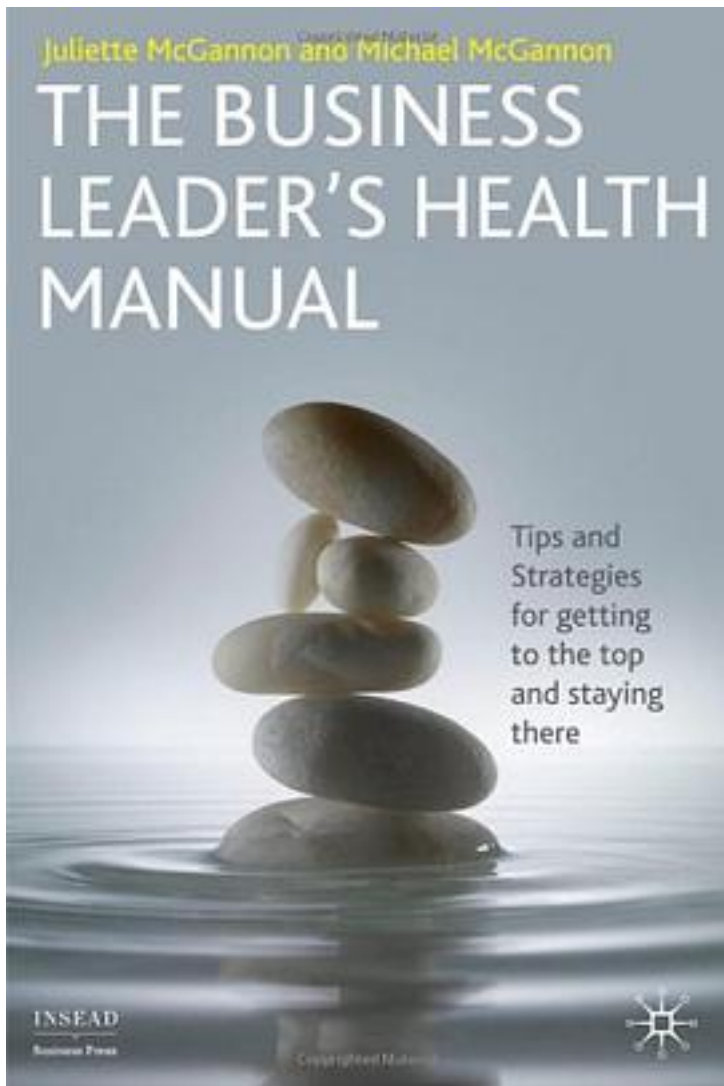


The Business Leader's Health Manual



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Many business leaders do not take care of their health. Each chapter of this interactive manual explores an aspect of the health and vitality of the modern business leader, and provides solutions based on up-to-date medical science and more than 20 year's experience at INSEAD with more than 75,000 corporate executives.

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