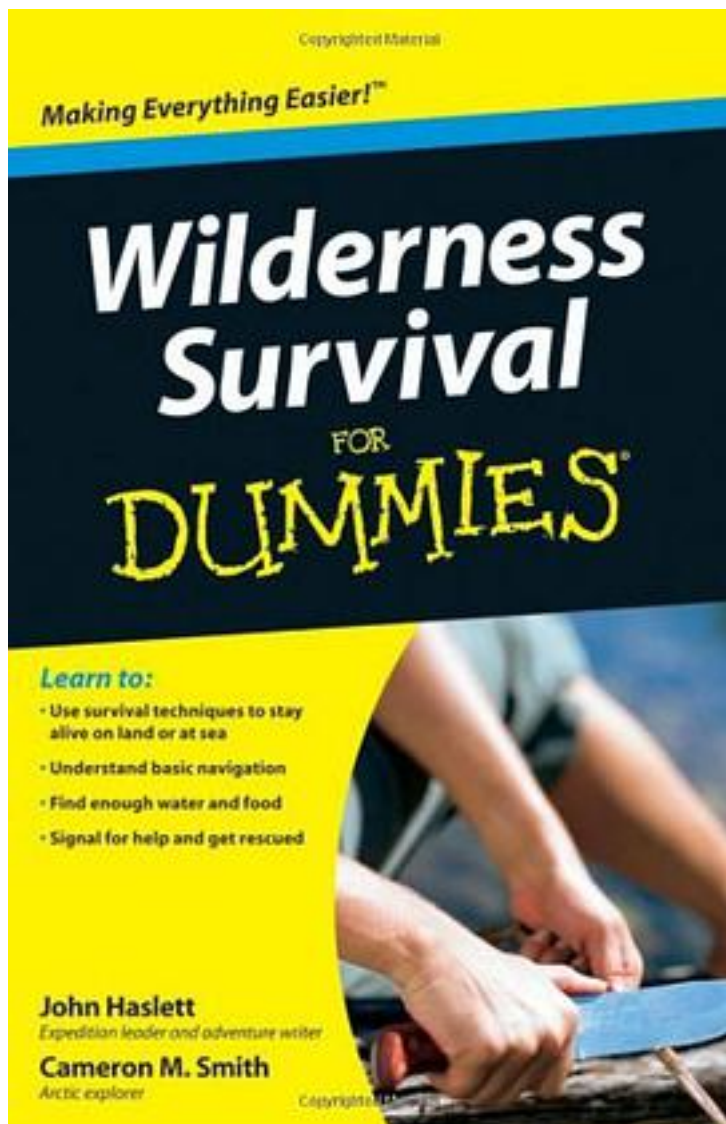


# Wilderness Survival For Dummies



[Wilderness Survival For Dummies\\_下载链接1\\_](#)

著者:Cameron M. Smith

出版者:For Dummies

出版时间:2009-7-7

装帧:Paperback

isbn:9780470453063

Your one-stop guide to surviving and enjoying the Great Outdoors Want to know how to stay alive in extreme situations? This practical, accurate guide gives you all the expert, field-tested tools and techniques you need to survive. Whether you find yourself lost in the woods, adrift on a life raft, bitten by a snake, or needing shelter in cold weather, this hands-on resource teaches you how to stay safe (and sane), find rescue, and live to tell the tale Know the basics of survival -- perform life-saving first aid, make fire and shelter, and find water and food Manage your emotions -- cope with panic and anger, get the "survivor's attitude," and foster cooperation and hope with others Increase your chances of rescue -- signal for help and navigate using a compass or the sky Practice expert survival methods -- tie essential knots, craft your own weapons and tools, and make natural remedies Gain wisdom for water emergencies -- stay afloat when your ship or boat sinks, avoid dehydration and starvation, and make it to shore Open the book and find: Common survival scenarios you may encounter Tried-and-tested advice for individuals or groups The items you need to stay alive Basic orientation skills Ways to keep warm or cool The best methods for building a fire in any environment What you can (and can't) eat and drink in the wild True stories of survival

作者介绍:

目录:

[Wilderness Survival For Dummies\\_下载链接1\\_](#)

标签

评论

-----  
[Wilderness Survival For Dummies\\_下载链接1\\_](#)

书评

-----

[Wilderness Survival For Dummies\\_下载链接1](#)