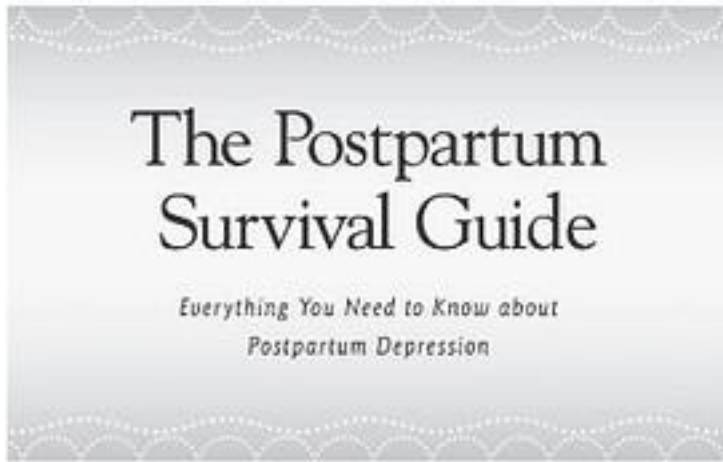


The Postpartum Survival Guide

Copyrighted Material



PAUL MEIER, M.D.
TODD CLEMENTS, M.D.
LYNNE JOHNSON, R.N.


Tyndale House Publishers, Inc.
Carol Stream, Illinois

Copyrighted Material

[The Postpartum Survival Guide_ 下载链接1](#)

著者:Meier, Paul/ Clements, Todd, M.D./ Johnson, Lynne

出版者:

出版时间:

装帧:

isbn:9781414312835

Eighty percent of all pregnant women struggle with depression during or after their child's birth. But there is good news about postpartum mood disorders-they are almost 100% treatable. In the definitive guide to postpartum depression, written from a Christian perspective by a team of experts including best-selling author and popular psychologist Dr. Paul Meier "(Happiness Is a Choice), The Postpartum Survival Guide" explains why this depression occurs, who's at risk, how to treat it, and where to find God in it all. Coauthor Lynne Johnson, RN, provides a woman's perspective on the issues of motherhood and depression. Using real-life stories and practical advice from medical professionals, "The Postpartum Survival Guide" offers hope-filled solutions that will help new mothers enjoy this special time in their lives. Plus, it also contains helpful resource for fathers, family members, friends, pastors, counselors, and medical practitioners.

作者介绍:

目录:

[The Postpartum Survival Guide_ 下载链接1](#)

标签

评论

[The Postpartum Survival Guide_ 下载链接1](#)

书评

[The Postpartum Survival Guide_ 下载链接1](#)