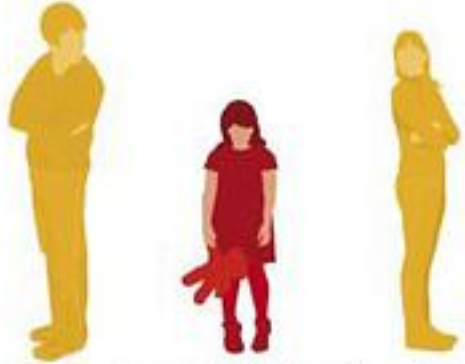


What About the Children?

..... JULIE LYNN EVANS

WHAT ABOUT THE CHILDREN?

HOW TO HELP CHILDREN SURVIVE
SEPARATION AND DIVORCE



'Compassionate and sensitive, Julie Lynn Evans' book should become a bible for every adult interested in helping children from fragmented homes'. – *Nigella Lawson*

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This title features Foreword by Professor Peter Hill, Consultant Child Psychiatrist, Great Ormond Street Hospital for Children. More than 28 per cent of children in the UK are affected by the separation of their parents. Often they have to cope alone. Many adults tell themselves that children are resilient, while others feel they are hurting the people they love the most. In this book, Julie Lynn Evans will help you to do what she does professionally, by identifying with your children and providing powerful practical tools to overcome their problems. "What About the Children?": advises on children of all ages from toddlers to teenagers; helps carers, friends and relatives, as well as parents, to interpret a child's symptoms and reactions; explains how a child's friendships, schooling and overall well-being are affected; provides tips on how to really listen and take action when a child tries to communicate difficult feelings; and, highlights advantages for children with single, separated or divorced parents. With case studies to illustrate a whole range of symptoms, Julie Lynn Evans demonstrates the myriad ways in which children express their emotions under stress. From the 'dragon child' to the 'too-good child', her sensitive and calm voice will reassure you at a time when your own world is under great strain.

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