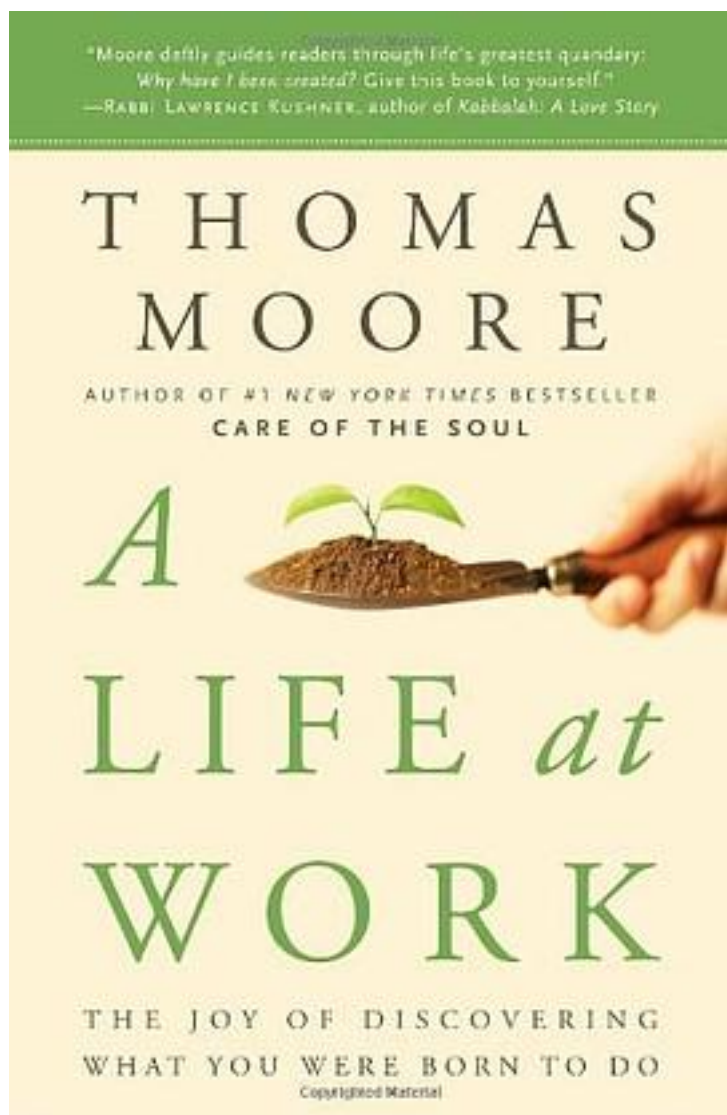


A Life at Work



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出版者:

出版时间:2009-4

装帧:

isbn:9780749939977

The majority of us will spend longer each day in our respective workplace than we will at home. We all want to enjoy our professional lives, but many people feel dissatisfied at work and are asking 'Why am I doing what I'm doing?'. In A LIFE AT WORK bestselling author Thomas Moore uses his famous blend of spirituality and psychology to address the strong desire all of us have to feel fulfilled and satisfied by our work and careers. He explores the often difficult obstacles, road blocks and hardships of our own making that we go through on our way to discovering our deeper purpose. He also shares the struggles of great thinkers and artists who grappled with their own uncertainty before finding their calling, highlighting the timelessness of every individual's quest to find happiness in their career. For anyone who is questioning the professional path they have chosen, this poignant and practical meditation will help them discover the answers.

作者介绍:

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