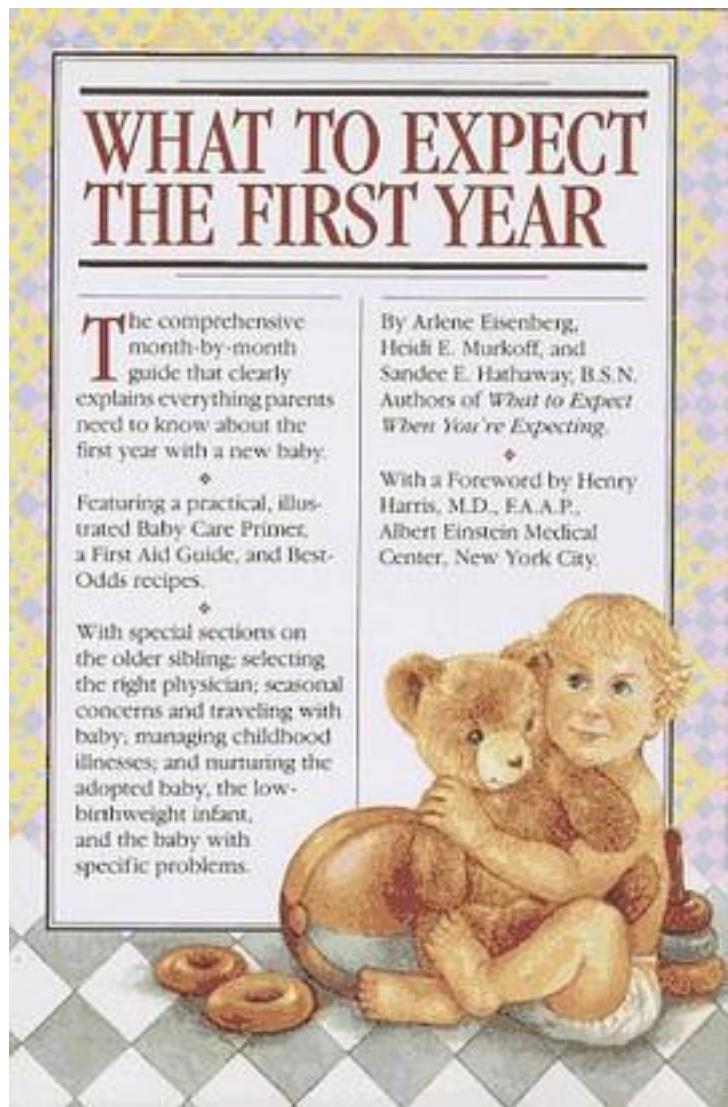


What to Expect the First Year



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From the authors of the 9.6-million-copy bestselling *What to Expect When You're Expecting*, here is *What to Expect the First Year* (over 5.6 million copies in print), the most comprehensive guide available on the next phase of parenting-newborn care.

Written with the same reassuring, lively authority as *What to Expect When You're Expecting*, the book is organized for ease of reference, leading nervous parents from month to month, check-up to check-up, even feeding to feeding. The chapters on each month address basic expectations of behavior and growth, as well as special concerns and decisions—from finding the perfect pediatrician to getting baby on a sleep-through-the-night schedule to choosing toys, shoes, and diapers. Equally important are the emotional issues a new baby raises for every member of the family—these are covered thoughtfully and thoroughly.

Additional chapters cover special subjects such as first aid, traveling with a baby, premature babies, adopted babies, and much more. Winner of the 1994 Parenting "Hall of Fame" Award from Child magazine's Child's Best Parenting Book Award. Selection of the Book-of-the-Month Club and Better Homes & Gardens Family Book Service.

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