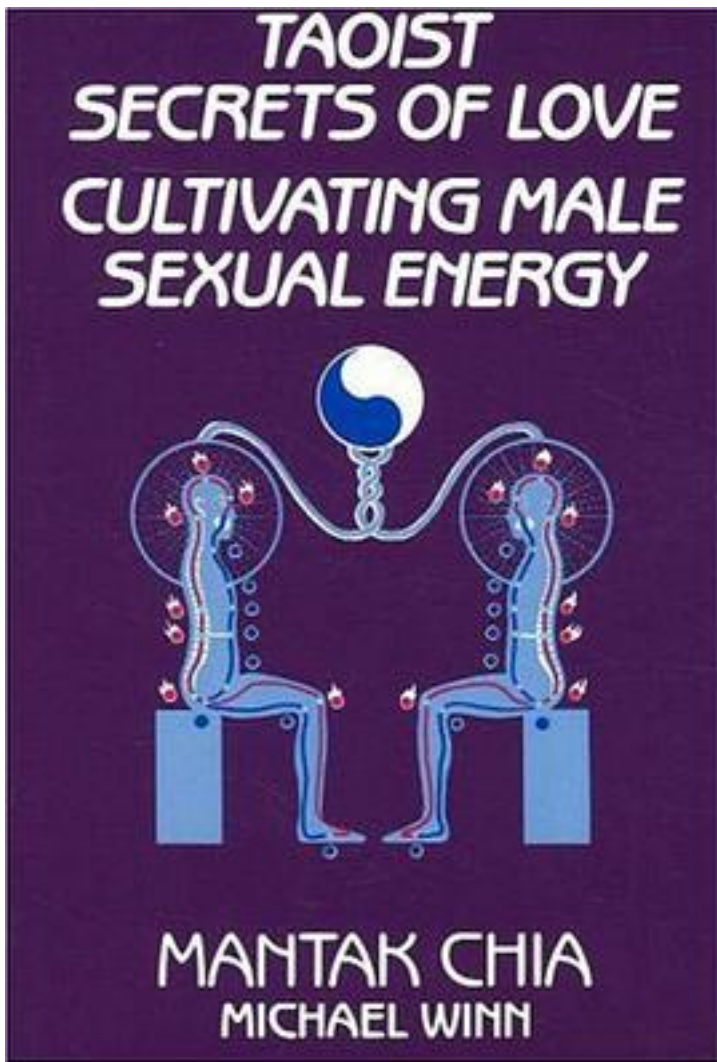


Taoist Secrets of Love



[Taoist Secrets of Love 下载链接1](#)

著者:Mantak Chia

出版者:Aurora Press

出版时间:1984-6

装帧:Paperback

isbn:9780943358192

Mantak Chia reveals for the first time to the general public, the ancient sexual secrets of the Taoist sages. These secrets enable men to conserve and transform sexual energy through its circulation in the Microcosmic Orbit, invigorating and rejuvenating the body's vital functions. Hidden for centuries, these esoteric techniques and principles make the process of linking sexual energy and transcendent states of consciousness accessible to the reader. This revolutionary and definitive book teaches: Higher Taoist practices for alchemical transmutation of body, mind and spirit; The secret of achieving and maintaining full sexual potency; The Taoist "valley orgasm" -- Pathway to higher bliss; How to conserve and store sperm in the body; The exchange and balancing of male and female energies, within the body and with one's partner; How this practice can fuel higher achievement in career and sports.

作者介绍:

Mantak Chia, was born in Thailand 泰国

on April 4, 1944. When he was six or seven years of age he learned to

"sit and still the mind" from Buddhist monks while on a summer vacation. This is not to say that he was passive and quiet as a child.

In fact, he excelled in track and field events during his grammar school days in Hong Kong. It was during that time that he learned the traditional Thai Boxing and met Master Lu, who taught him Tai Chi Chuan. Shortly thereafter, Master Lu introduced him to

Aikido, Yoga and more Tai Chi. His knowledge of esoteric practice did not begin, however, until he was eighteen and he had returned to Thailand. It was at that time that a senior classmate, Cheng Sue Sue, a student of Yi-Eng, taught him the level of Tao Esoteric practice up to the Reunion of Man and Heaven.

When he was in his twenties, Master Chia studied with Master

Meugi in Singapore, who taught him Kundalini Yoga and the Buddhist Palm. With the Buddhist Palm, he was soon able to eliminate

blockages of flow of life-force in his internal organs and to drive

cold, wet or sick energy out of patients who came to see his Master,

thereby restoring them to health. The young Mantak Chia felt, however, that Kundalini Yoga produced too much heat and could be

dangerous and so he later combined it with elements of Taoist practice, which had

cooling effects.

Later, in his twenties, he met and studied with Master Pan

Yu, who had created a synthesis out of Taoist, Buddhist and

Ch'an teaching, and Master Cheng Yao-Lung, who had also created a new system by combining Thai Boxing and Kung Fu. From

Master Cheng Yao-Lung, he learned the Shao-Lin secret method

of internal power as well as the Iron Shirt method called "Cleansing the Marrow and Renewal of the Tendon". From Master Pan

Yu, he learned a variation of Kundalini and the "steel body", a

technique that is said to keep the body from decay. Master Pan Yu

still lives and practices in Hong Kong, where he treats patients by

transmitting his life-force to them. To better understand the

mechanism behind the healing energy, Chia also studied Western

medical science and anatomy for two years.◦

Yet, with all of these achievements, Master Chia was the manager of the Gestetner Company in Thailand, was in charge of sales

of offset machines and was well acquainted with the working of

the company's copying and printing machines. He may well be the

only Taoist master in the world with a computer in his living room.

He is also married and has a son. His wife Maneewan works as a

medical technician. He is, in short, living proof that his practice is

very much down-to-earth, striving to enhance everyday life and

not requiring retreat from society to a hermit's life.

The main thrust of Chia's intention is to strip away the mysticism, the mumbo-jumbo, the powers vested in the Guru, the reliance on things-other-worldly or magical. He seeks to present, instead, a fully predictable working model that might be considered

as a scientific means of dealing with energy systems. In time, he

hopes this will lead to technological developments that might serve

to simplify or speed the means whereby such progress might be

made. It is with such hopes that he beckons members of the

medical community to investigate what he has to offer. There are already physicians and lawyers and computer programmers, who have experienced, first hand, the benefits that Master Chia's methods provide. It is up to them and others in the scientific community to join Master Chia in his lifetime task of bridging the gap between reason and spirit, mind and body, science and religion.

目录:

[Taoist Secrets of Love_ 下载链接1](#)

标签

Self-Improvement

Misc.

评论

逻辑异常混乱。有些观点很想问问作者你是认真的吗，但是又因为好奇心读了下去。

[Taoist Secrets of Love_ 下载链接1](#)

书评

从咋样养好母猪，让脑残儿童拥有幸福人生 挖鼻史 三鹿人成功之路，再到现在的夫妻双修功。。。。黑色幽默固然好，但我也想正经看点书哇。。。满屏的奇书推荐。。。刚又瞄了一眼，又一奇书：天天好体位。。。。

据说这本书是中科院计算所一位搞机器翻译的前辈的无聊之作。原书叫做Taoist Secrets of Love: Cultivating Male Sexual Energy，是他偶然从美国回来的同学手里看到的。在90年代，这种讨论性技巧的书在国内还很罕见，正巧他手里又在做一个机器翻译的项目，就把这部书拿来练手了...

发现完全没有提到女人该干嘛啊！
不是叫《夫妻双修功》吗！不是双休吗！！！为什么只有男人需要练习！！
整本都是敏感词呼吸·敏感词呼吸·敏感词呼吸什么的
据说还可以促进肠胃蠕动和治愈痔疮哎！！！
虽不科学又隐约觉得很厉害是怎么回事！而且确实是道家内修方法的那...

好吧，英文版的也找到了<http://www.holybooks.com/wp-content/uploads/Taoist-Secrets-of-Love-Cultivating-Male-Sexual-Energy.pdf>

可以直接搜索锁龙功。有大小两部功。其实应该是单人练习的。单人练习好处有二
第一自如的控制不射精。第二增强性功能。
首先做个试验就能明白，射精的时候摁住阴囊后的部位，尽量往后摁，古人也说过太靠前会进入膀胱，和射出来差别不大。然后就会少射出精液。而所谓的单人...

这种明显是中国出口转内销的东西！翻译质量太差了！出版社够无聊的！
真正想改善夫妻生活质量，必须得炼功！这种书就当玩笑看看得了！不必太当真！
如果有感兴趣的朋友，强烈推荐浑圆桩、磕大头、清净归一下观法，这三个结合着锻炼，保证你大幅改善身心素质，体力、耐力都会获...

看不了 豆瓣没什么用 推荐大家卸载看不了 豆瓣没什么用 推荐大家卸载看不了
豆瓣没什么用 推荐大家卸载看不了 豆瓣没什么用 推荐大家卸载看不了 豆瓣没什么用
推荐大家卸载看不了 豆瓣没什么用 推荐大家卸载看不了 豆瓣没什么用
推荐大家卸载看不...

[http://krishnamurti.abundanthope.org/index_html_files/Taoist-Secrets-of-Love-Cultivating-Male-Sexual-Energy.pdf] © 1984 by Mantak & Maneewan Chia All Rights Reserved
No part of this book may be reproduced by any mechanical, photographic or

electronic...

[Taoist Secrets of Love_下载链接1_](#)