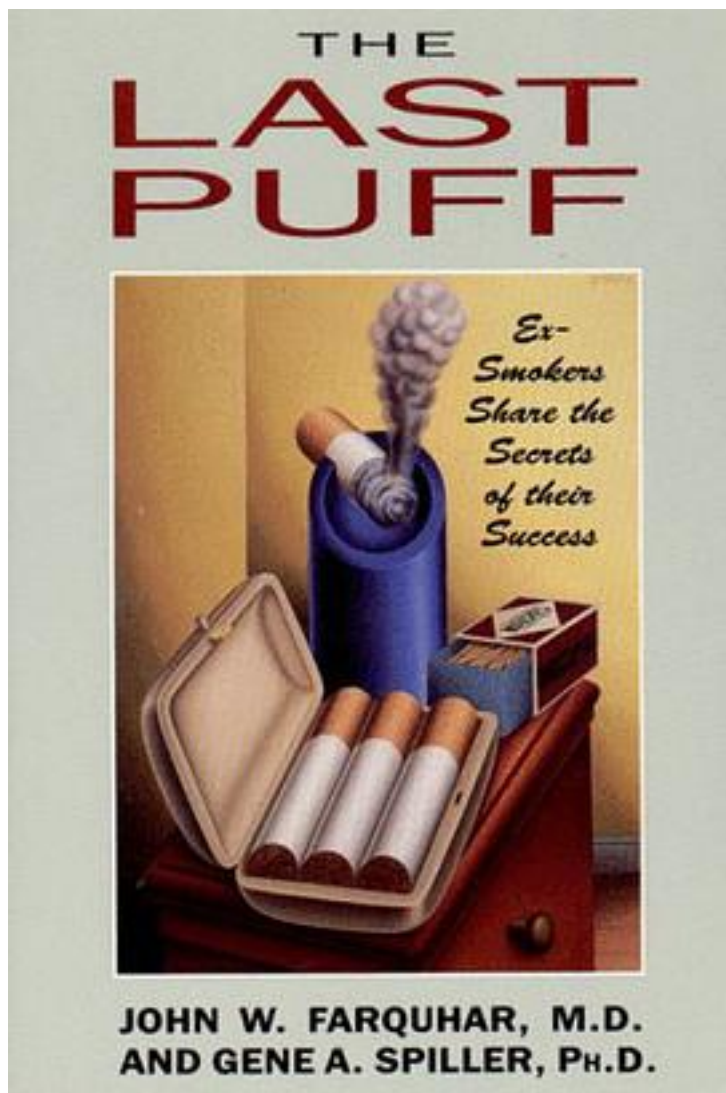


The Last Puff



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Unlike usual stop-smoking manuals, this collection of interviews with more than 30 former smokers has something for everyone. "The stories can be a source of inspiration, hope, and helpful hints for smokers who have, like the storytellers, made repeated failed attempts to quit".--Jane Brody, New York Times.

作者介绍:

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