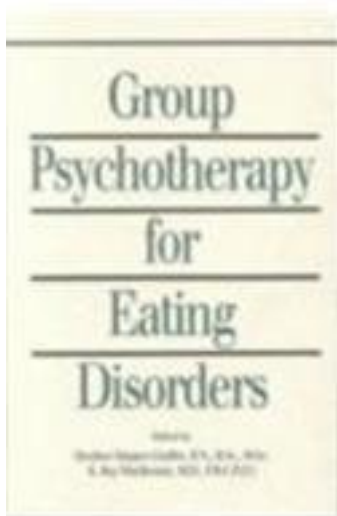


Group Psychotherapy for Eating Disorders



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出版者:

出版时间:1992-5

装帧:

isbn:9780880484190

This is the first book to fully explore the use of group therapy in the treatment of eating disorders. Contributors offer practical guidelines on the strategies and interventions employed in a variety of treatment approaches. Group Psychotherapy for Eating Disorders integrates theory and application to clarify why and how particular group approaches are applicable to specific situations. It highlights the tactics and techniques by which the group modality can be successfully adapted for a variety of purposes.

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