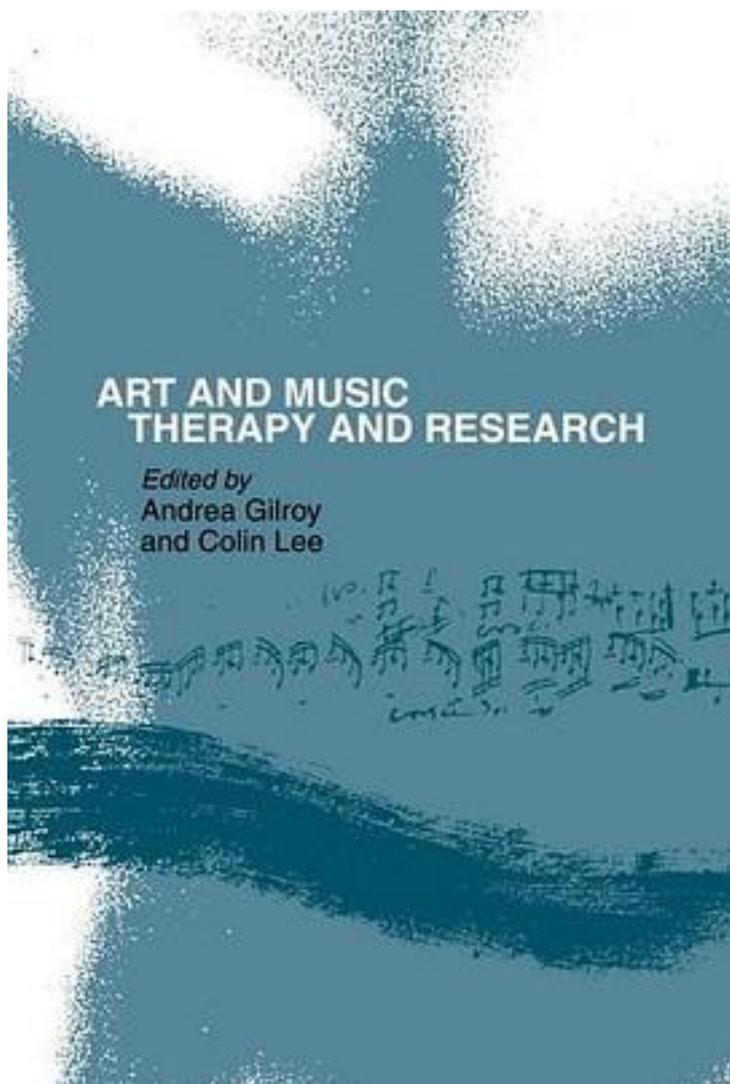


# Art and Music



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著者:Gilroy, Andrea/ Lee, Colin (EDT)

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This is the first comprehensive overview of the present state of research in art therapy and music therapy in the UK. It challenges assumptions about research in these areas, and makes use of research models from art history and music analysis as well as the more orthodox psychological and medical models used in clinical work. Informative and reassuring for those interested in undertaking research, the book gives lively accounts of the personal process of the art therapy and music therapy researcher. It presents the reader with many original ideas and strategies, and will be an invaluable reference book for practitioners and students of art therapy and music therapy, as well as for health professionals who work with them.

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