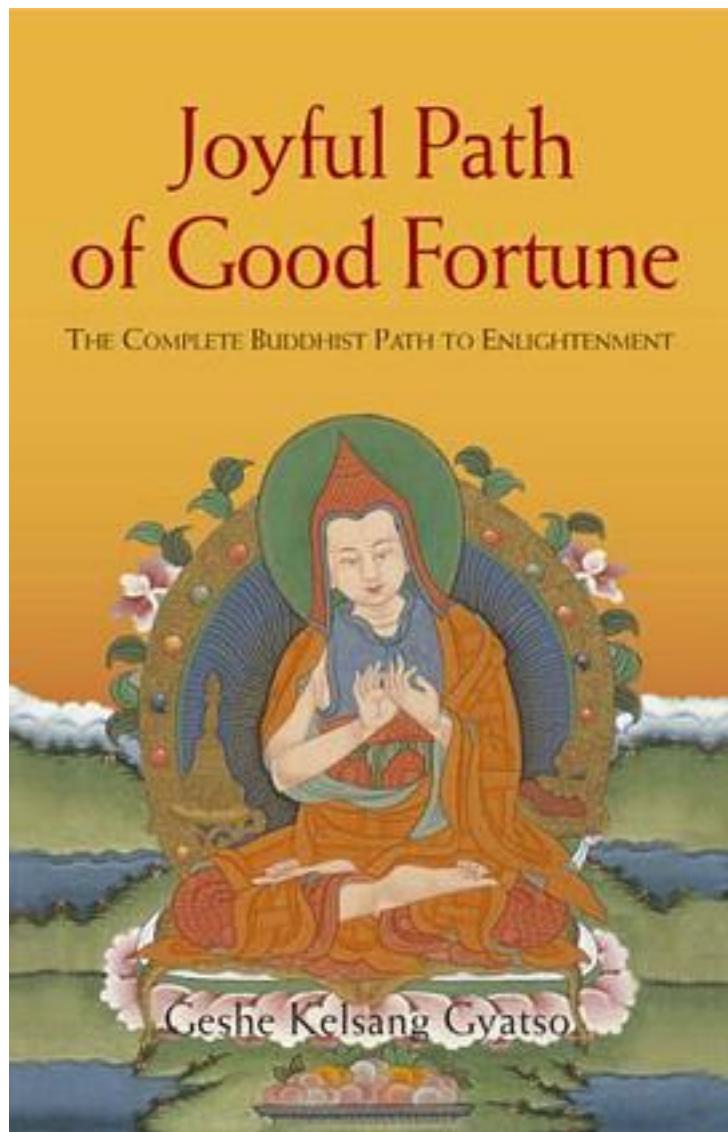


Joyful Path of Good Fortune



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出版者:Tharpa Publications

出版时间:1995-1

装帧:

isbn:9780948006463

We all have the potential for self-transformation, and a limitless capacity for the growth of good qualities, but to fulfil this potential we need to know what to do along every stage of our spiritual journey. With this book, Geshe Kelsang Gyatso offers us step-by-step guidance on the meditation practices that will lead us to lasting inner peace and happiness. With extraordinary clarity, he presents all Buddha's teachings in the order in which they are to be practised, enriching his explanation with stories and illuminating analogies. Following these practical instructions, we shall come to experience for ourselves the joy that arises from making progress on a clear and structured path that leads to full enlightenment.

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