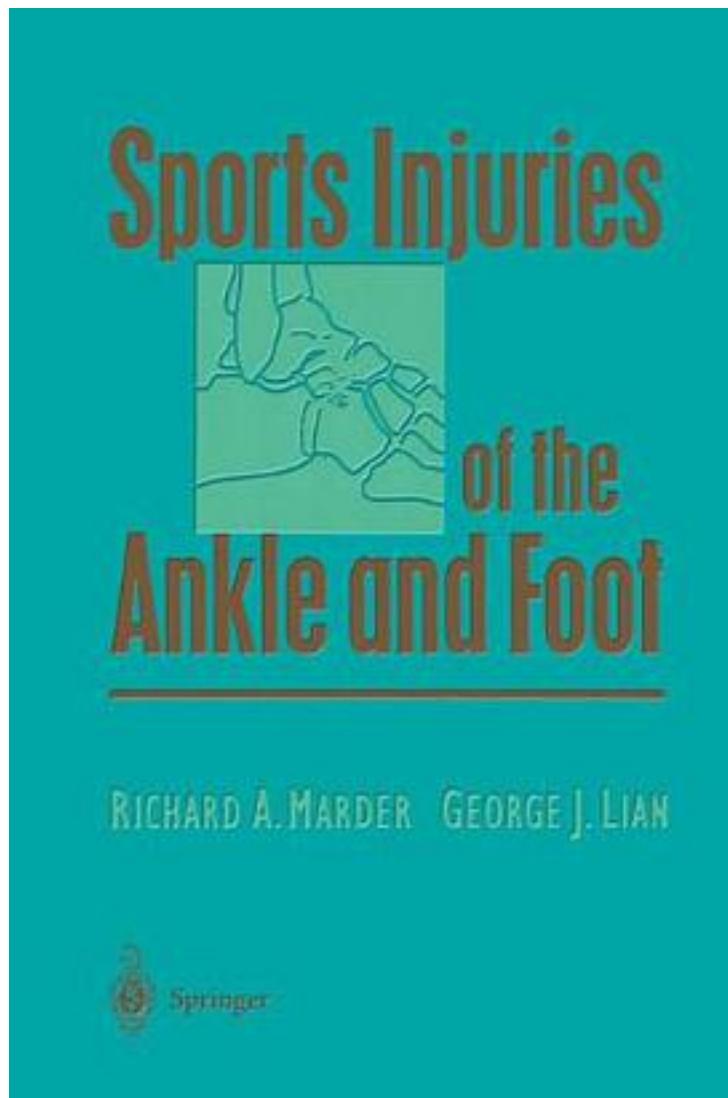


# Sports Injuries of the Ankle and Foot



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"Sports Injuries of the Ankle and Foot" presents both surgical and non-surgical protocols for the treatment of both simple and complex sports-related injuries of the foot and ankle. This comprehensive, one-source reference is divided into anatomical sections: the forefoot, the midfoot, the hindfoot, the ankle, tendon disorders, and orthotics and braces - each enhanced by rehabilitation procedures and algorithms. This easy-to-use format enables the physician to formulate a treatment plan and compare the various surgical and non-surgical options for a variety of injuries including: stress and other fractures, ankle instability, ruptures, sprain, ligament injuries, tendonitis, lesions, and neuropathies. As more internists and family physicians increase the scope of their practices to include sports medicine, this book reaches beyond the orthopaedic surgery market and will become a widely referred to source for the treatment of these common injuries.

作者介绍:

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