

Kava

Copyrighted Material

Kava

From ethnology to pharmacology

Edited by

Yadhu N. Singh



[Kava_下载链接1](#)

著者:Kilham, Christopher S.

出版者:

出版时间:1996-6

装帧:

isbn:9780892816408

Kava, "Piper Methysticum," is the most effective relaxing and stress-relieving plant in all of nature. This book is the tale of plant researcher Chris Kilham's investigations into this plant and his far-ranging explorations deep in the South Pacific in search of a source of kava. Kilham takes the reader on an adventurous journey through the mystical native legends, outlandish history, and exciting science surrounding this potent plant. A story replete with pulpit-pounding missionaries, kava-drinking natives, sorcerers, a mysterious Tahitian prince, and the author's own humorous outlook amidst difficult and perilous circumstances, Kava is a must-read for those who love tales of travel and adventure and those interested in plant medicine. Kava is poised to become an important and now readily available natural alternative to stress-relieving drugs.

作者介绍:

目录:

[Kava_下载链接1](#)

标签

评论

[Kava_下载链接1](#)

书评

[Kava_下载链接1](#)