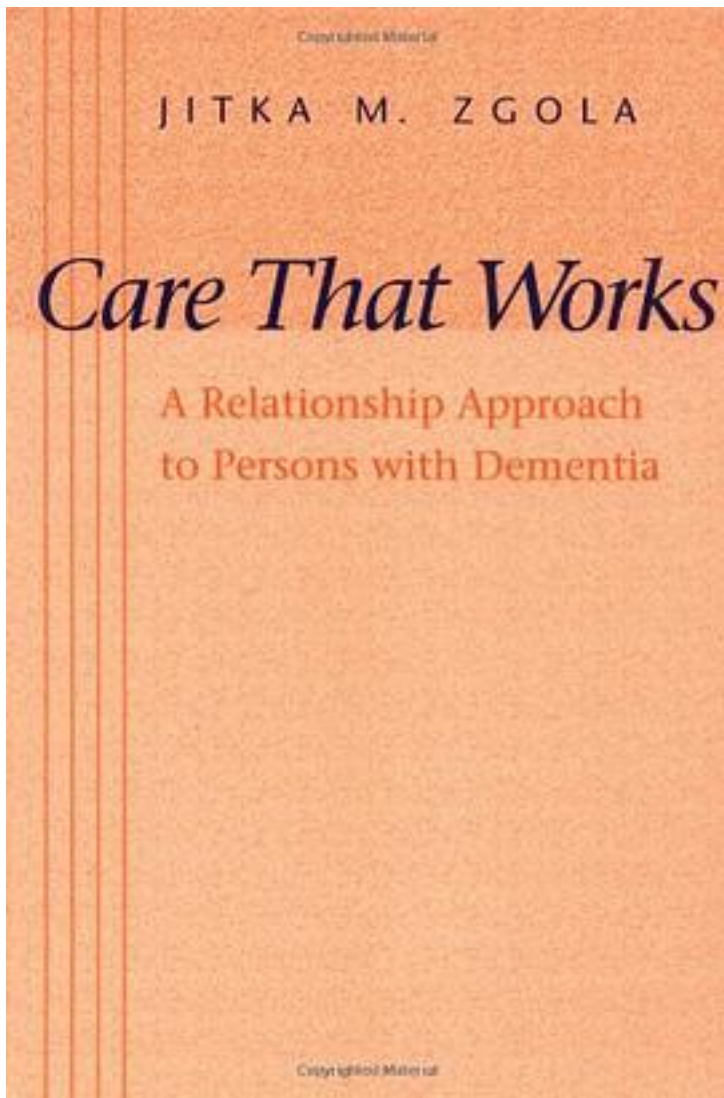


# Care That Works



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著者:Zgola, Jitka M.

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In her widely acclaimed *Doing Things*, Jitka M. Zgola offered practical and much-needed advice for those caring for persons with Alzheimer disease. Now, in *Care That Works*, Zgola shows how caregivers can better meet the demanding challenges of their job by building and improving their personal relationships with those in their care. Instead of simply prescribing approaches, *Care That Works* gives caregivers the information with which they can develop their own approaches, evaluate their effectiveness, and continue to grow in skill and insight. Zgola explains that optimal dementia care involves three elements: a good relationship between the caregiver and the person who has dementia, a safe and nurturing environment, and meaningful activities. Evident throughout the book is Zgola's gift for compassionately portraying the difficulties faced by people with dementia and then suggesting ways to act in a manner that accords such people the respect and dignity they deserve. Topics that receive special attention include communicating with persons who have language deficits and coping with problem behaviors—two critical problems in dementia care.

作者介绍:

目录:

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