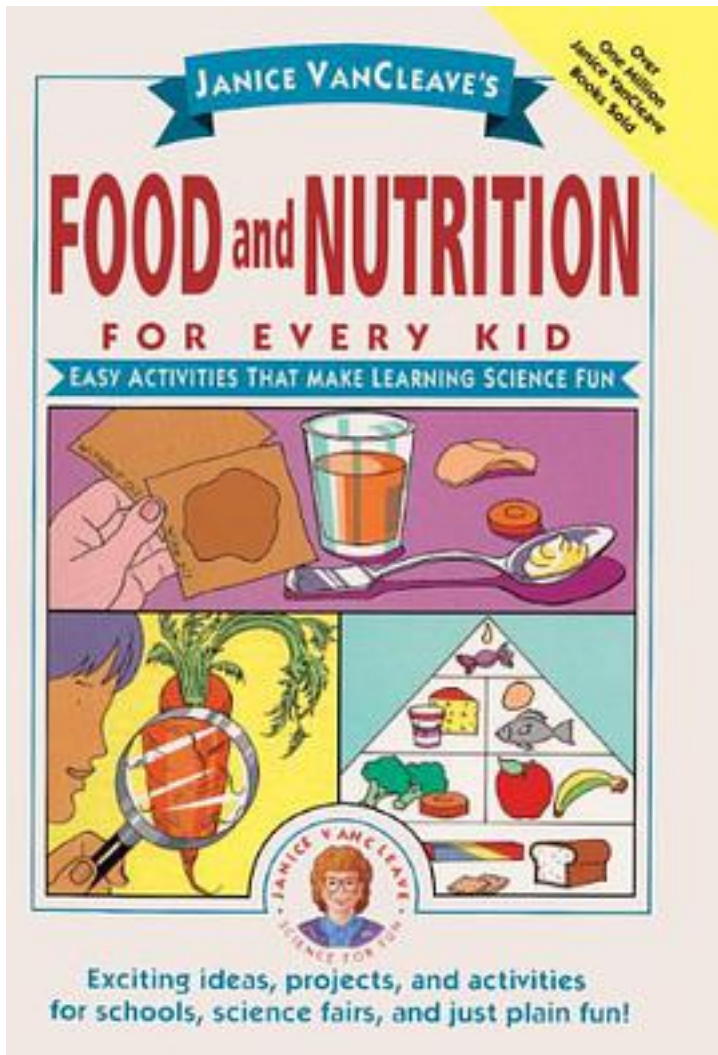


Janice Vancleave's Food and Nutrition for Every Kid



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著者:Vancleave, Janice

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How does milk help me grow? Where do vitamins come from? Do carrots really strengthen my eyesight? Food and Nutrition for Every Kid has all these answers and more To the delight of children, parents, and teachers everywhere, Janice VanCleave returns to the popular Science for Every Kid series to teach kids ages eight to twelve about all the food groups, vitamins and minerals, the relationship between energy and food, how to read nutrition labels, and much more. All the activities are safe, easy to do, and require only household materials.

作者介绍:

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