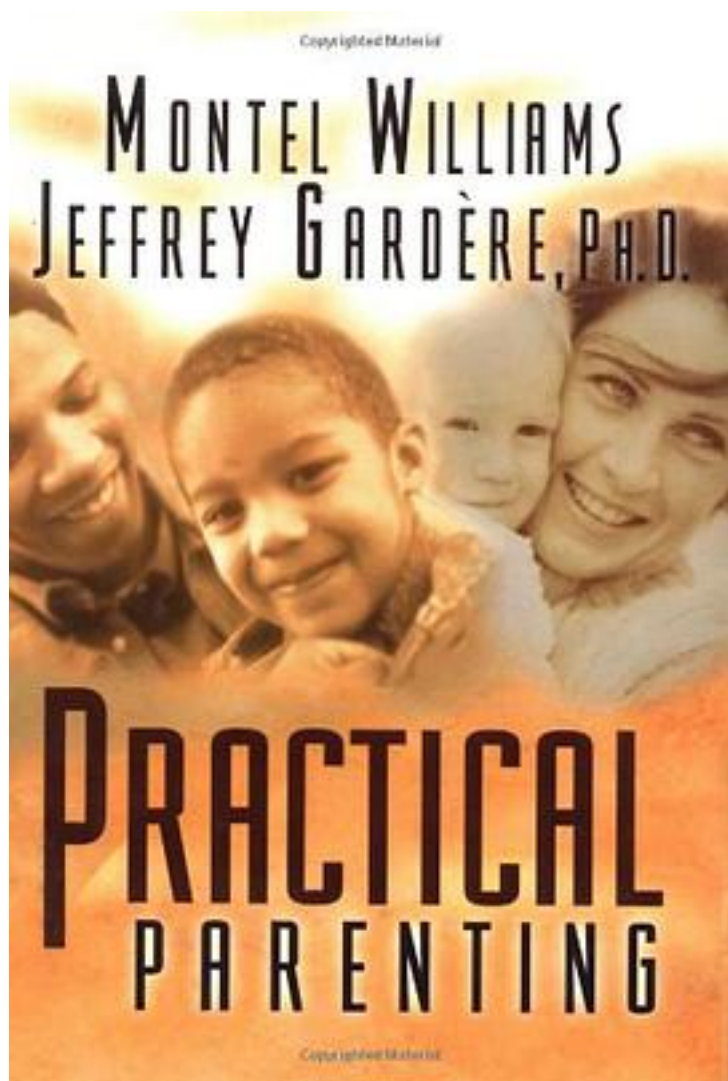


# Practical Parenting



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著者:Williams, Montel

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In this uniquely informative book, talk-show host Montel Williams and psychologist Jeffrey Gardere, Ph.D., delve into an issue that has become increasingly significant in recent years -- how to parent our children in the difficult and complex world we live in. Gardere applies his many years of professional experience to this subject, discussing topics ranging from external influences on our children; to the role of the parent in areas such as discipline, rule-setting, leadership, sibling rivalry, educational goals, and nurturing. Williams offers his own opinions on each topic, based on his extensive experience in the military, the media, and the world at large. The issues that these two fascinating individuals raise will help make you a more caring, empathetic, self-confident parent, thereby making your children the type of human beings that can only make this world a better place.

作者介绍:

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