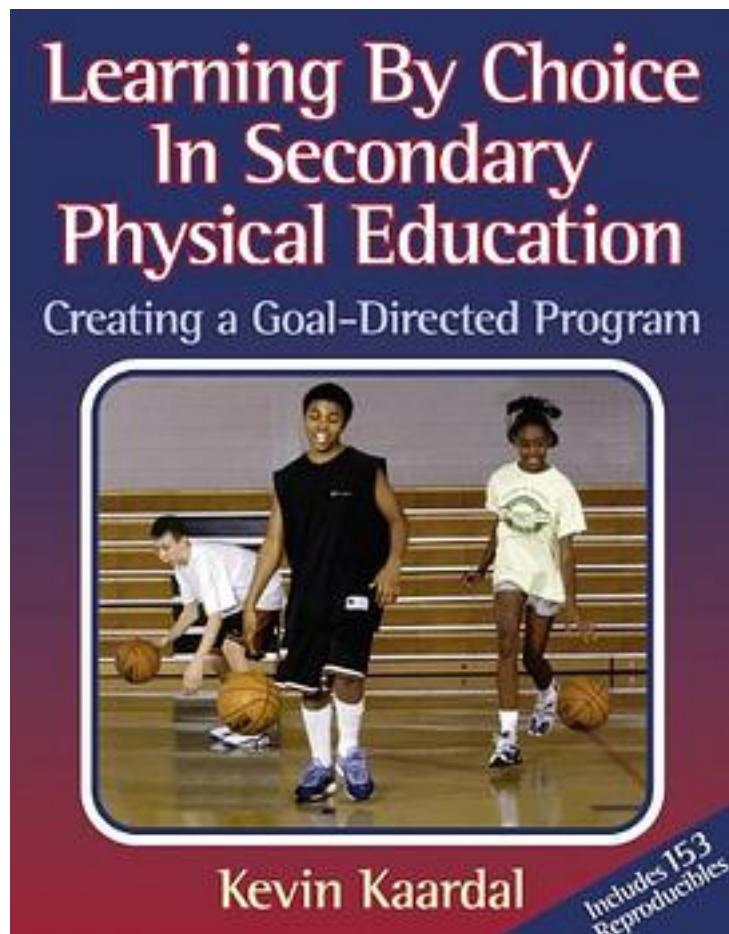


# Learning by Choice in Secondary Physical Education



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Based on programmes which have been successful with students, this book provides the tools for future teachers to achieve the same kind of success with their own

programmes. Part 1 explains how the programmes work, detailing curriculum, teaching and assessment techniques. The second part provides over 150 reproducibles to assist other teachers in establishing similar programmes. It includes material for units in fitness, basketball, soccer, softball, "stuntnastics", badminton, tennis and others. Each unit contains master curriculum sheets, contracts or student progress record sheets, planning sheets for students, suggested modified games and assessment tools (including rubrics). The key benefits of this text are: to show teachers how to help their students achieve success; to show teachers how to kindle enthusiasm for PE among students; to show teachers how to individualize programmes so that almost every student learns appropriate skills; and to show teachers how to inspire kids to exercise for life-long health.

作者介绍:

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