

The American Medical Association Guide to Home Caregiving

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GUIDE TO

Home Caregiving

- Taking care of your aging parent
- Getting the information you need
- Dealing with the emotional and practical issues

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著者:American Medical Association

出版者:

出版时间:2001-10

装帧:

isbn:9780471414094

At some time, most families will need to provide home care for an aging family member who is ill or disabled. While home caregiving provides many benefits, it takes careful planning, support, and patience. The American Medical Association Guide to Home Caregiving provides the information you need to take the best possible care of an elderly, ill, or disabled person in a home setting. Written by experts from the American Medical Association, the book explains such essentials as how to: Plan and arrange a room to adapt to a loved one's needs Give medications, maintain hygiene, monitor symptoms, deal with incontinence, provide emotional support, and relieve boredom Choose a home healthcare provider Pay for home healthcare, including Medicare and Medicaid, and long-term care insurance Care for a person with Alzheimer's disease or a terminal illness Choose between alternative living arrangements such as assisted living facilities or nursing homes Take care of yourself, the caregiver With advice that touches both the physical and the emotional aspects of caregiving, this supportive, practical handbook will help make the experience as successful and rewarding as possible for you and your loved one. For more than 150 years, the American Medical Association has been the leading group of medical experts in the nation and one of the most respected health-related organizations in the world. The AMA continues to work to advance the art and science of medicine and to be an advocate for patients and the voice of physicians in the United States.

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