

# Aggression



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出版者:

出版时间:2001-1

装帧:

isbn:9780823933600

When loss or illness strikes a family, young people don't always have the experience to help them cope. These seven new titles can help them find the strength and the resources to help them get through even the toughest situation. Recent tragic events involving student violence in high schools have fueled public debate regarding teens and aggression. This book explores not only the distinction between angry feelings and aggressive behavior but also the varied sources of teen stress, such as family, peers, and the media. Anyone struggling to put an end to aggressive behavior in his or her life will benefit from the sound advice and concrete suggestions offered.

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