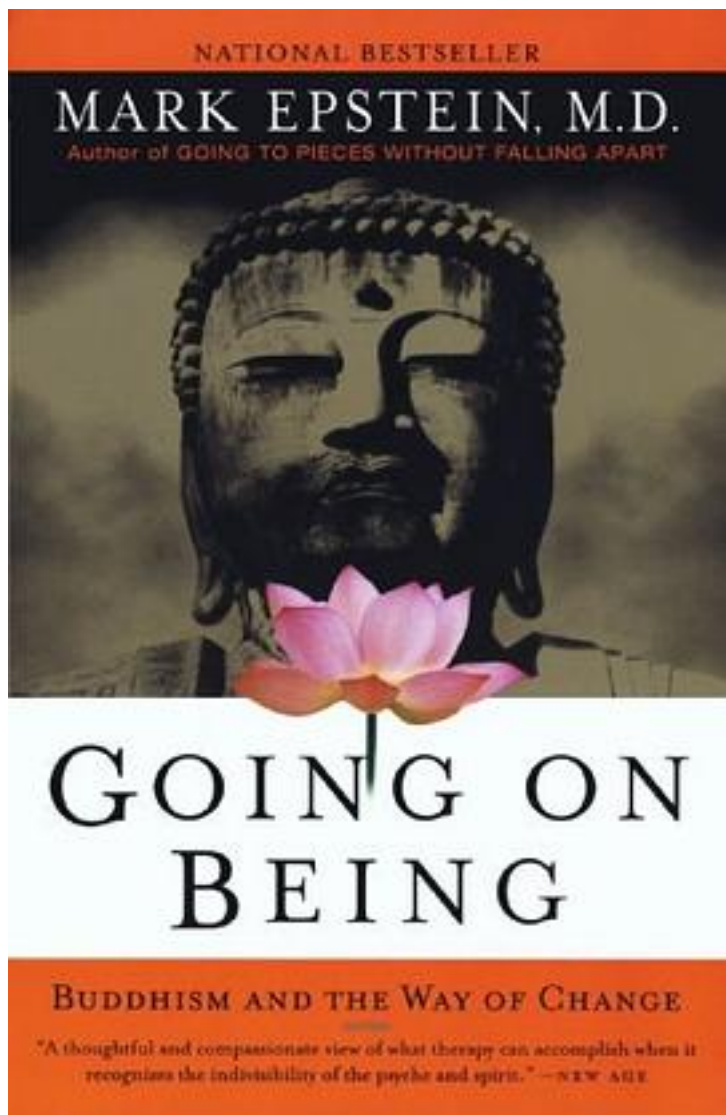


# Going On Being



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出版者:Broadway

出版时间:2002-02-12

装帧:Paperback

isbn:9780767904612

作者介绍:

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标签

心理学

佛教

Mindfulness

评论

The uniqueness of this book lies in the author's intriguing accounts of his encounters, as part of his own development as a Buddhism-influenced therapist, with some influential figures back in 1970s' Buddhism movement. His emphasis on Buddhism as the middle way helps to clarify the misleading concept of rigid non-self.

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书评

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