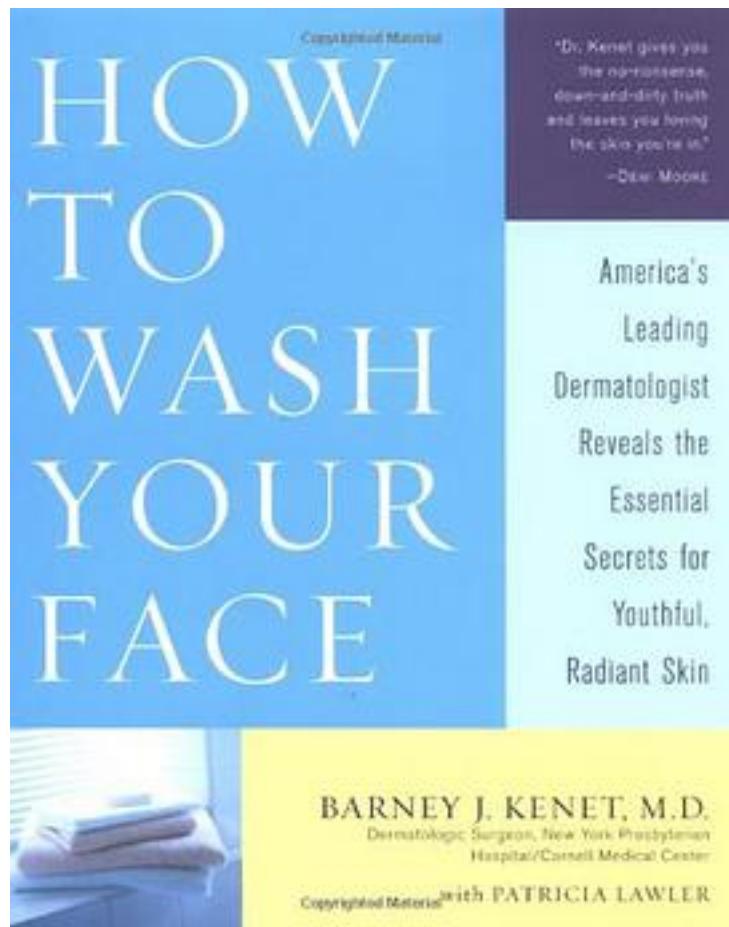


How to Wash Your Face



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THE DERMATOLOGIST TO ACTRESSES,
TELEVISION ANCHORS AND SOCIETY DOYENNES

BRINGS HIS EASY AND EFFECTIVE METHODS FOR HEALTHY, BEAUTIFUL SKIN TO YOU.

For years Dr. BArney Kenet has been helping people bring out the best in their skin. Now his sensible and medically proven skin care system can help you improve and enhance your looks with long-lasting results. Dry? Oily? Combination? How to Wash Your Face debunks conventional skin typing and helps consumers understand the "why" of their skin, emphasizing smart skin maintenance. Dr. Kent also tells you everything you need to know when you visit the drugstore, the makeup counter, the beauty salon and the dermatologist's office. With questionnaires, brand-name product evaluation and patients' intimate and inspiring stories, How to Wash Your Face is the antidote to frustrating hit-or-miss retail remedies. You will learn: The hidden dangers of makeup The three most effective treatments for aging skin The most common causes of itchy skin and how to alleviate them How to protect your skin from the sun Who should never get a facial and why How food and fragrances can upset your skin and how to avoid these allergies The best remedies for oily hair, dandruff and other common hair problems

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目录:

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