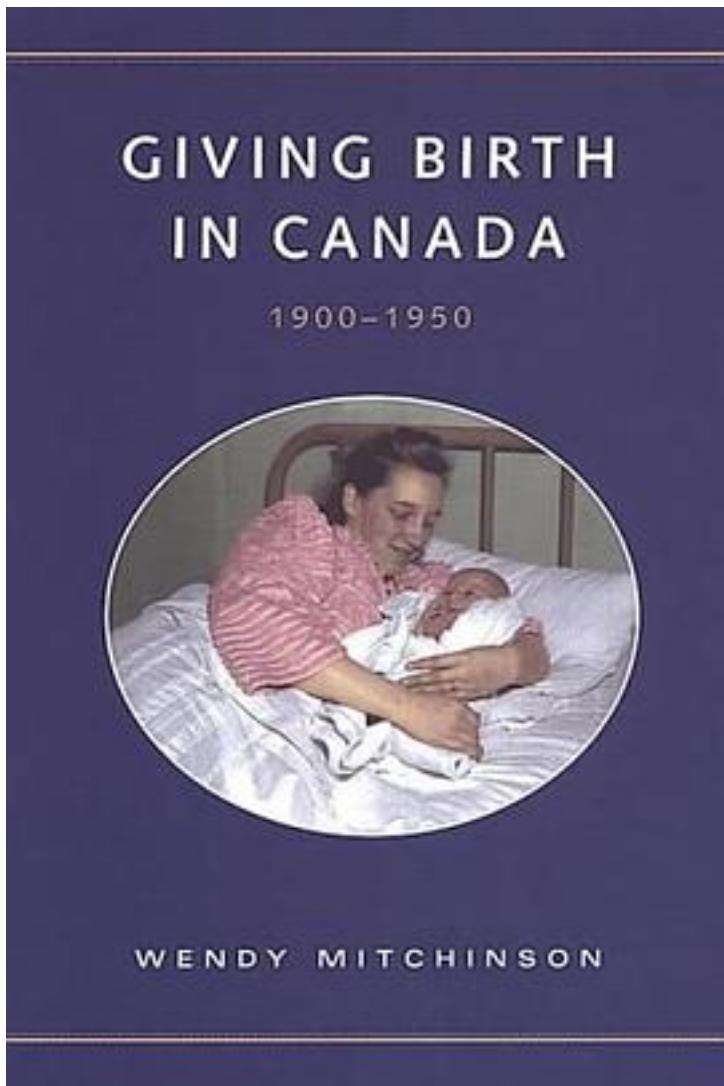


# Giving Birth in Canada, 1900-1950



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In *Giving Birth in Canada*, the first historical study of childbirth in Canada, Wendy Mitchinson has written a fascinating account of childbirth rituals in the first half of the twentieth century. Thorough and comprehensive, the work is based on a rich variety of sources, including medical textbooks, the medical periodical press, popular medical advice books, literature published in women's magazines, patient records, and interviews with women who gave birth and physicians who practiced during the period. Mitchinson follows the birthing experience, from the initial diagnosis of pregnancy, through prenatal care, childbirth - who was present, and where it took place - to obstetrical intervention, postnatal care and the definition of what constituted a normal birth, much of which changed significantly through those years. She explores physicians' responses to the needs of pregnant women, developments in medical practices, and the increasing medicalization of childbirth. While the book focuses on conventional medical practices, the author's survey of midwifery and Aboriginal birthing practices provides a counterpoint to the approach taken by western medicine and permits valuable discussion about the dynamics of gender and race as they relate to childbirth and, more broadly, to early twentieth-century Canada.

作者介绍:

目录:

[Giving Birth in Canada, 1900-1950 下载链接1](#)

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