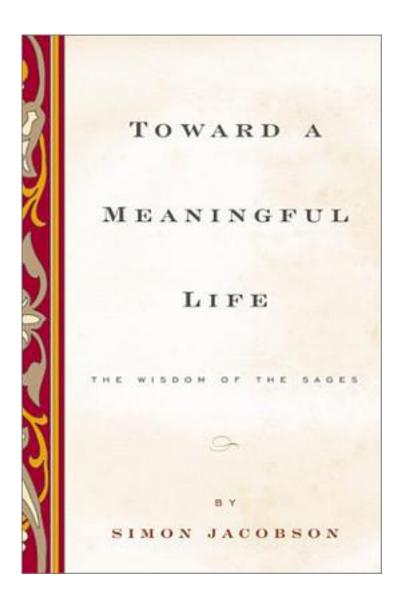
## Toward a Meaningful Life, New Edition



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With a new foreword and chapter that address the upheaval that followed the events of September 11, this revised edition of Toward a Meaningful Life traces the root causes of our fear and uncertainty and lucidly outlines strategies for recovery and redemption. Profound yet accessible to readers of all backgrounds and beliefs, Toward a Meaningful Life provides comfort and renewed hope, showing us how to find solace even as we endure overwhelming suffering and inexplicable loss. Toward a Meaningful Life is a spiritual road map for living based on the teachings of one of the foremost religious leaders of our time: Rabbi Menachem Mendel Schneerson. Head of the Lubavitcher movement for forty-four years and recognized throughout the world simply as "the Rebbe," Menachem Mendel Schneerson, who passed away in June 1994, was a sage and visionary of the highest order. Although the Rebbe's teachings are firmly anchored in more than three thousand years of scholarship, the urgent relevance of these age-old truths to contemporary life has never been more manifest. The principles the Rebbe derived from the sages embody a distinctly universal message, calling for humankind at all times to lead productive and virtuous lives, and for unity among all peoples and all nations. The new chapter, "Upheaval and Change," guides us through the challenges of the new millennium. Toward a Meaningful Life gives modern readers -- even the most secular -- fresh perspectives on every aspect of their lives, from everyday cares to the most profound crisis of the soul. The book brings the Rebbe's perspective to the full range of life's cycles -- birth to death, youth to old age; marriage, love, intimacy, and family; the persistent issues of career, health, pain, and suffering; and education, faith, science, and government. We learn to bridge the divisions between accelerated technology and decelerated morality, between unprecedented worldwide unity and unparalleled personal disunity. At the threshold of a new world where matter and spirit converge -- an age of knowledge and information -- Toward a Meaningful Life proposes spiritual principles that unite people as opposed to the materialism that divides them. Guided by the wisdom of the sages, readers discover that we are indispensable and can and must make our unique indelible marks n our common future. A true leader, the Rebbe continues to lead us toward personal and universal redemption, toward a meaningful life, and toward God.

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