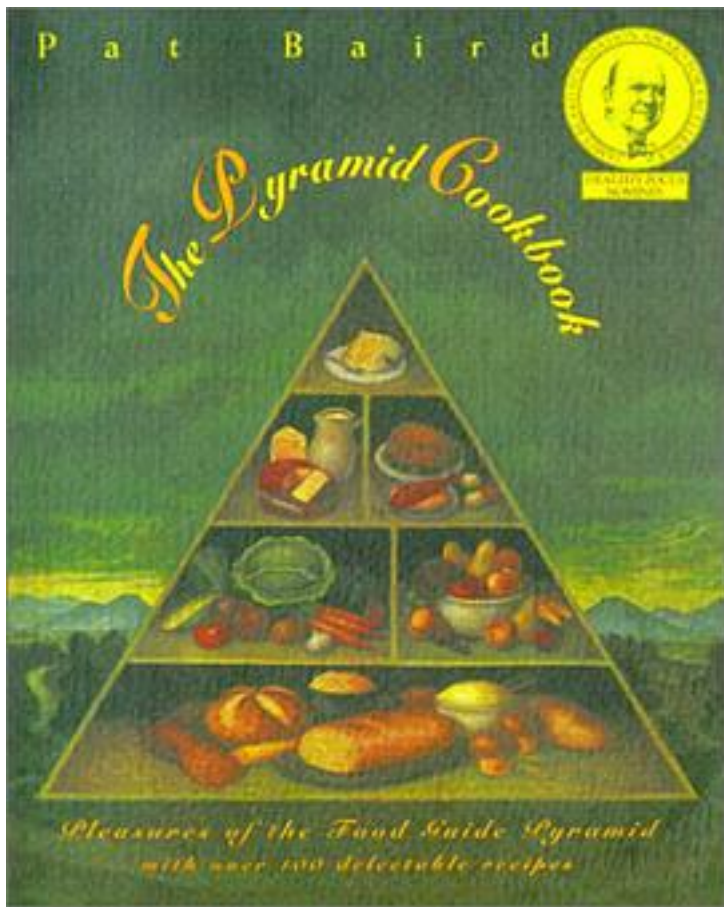


The Pyramid Cookbook



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Americans want to put the pleasure back into food and Pat Baird will show you how to make the Food Guide Pyramid work for you.

作者介绍:

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