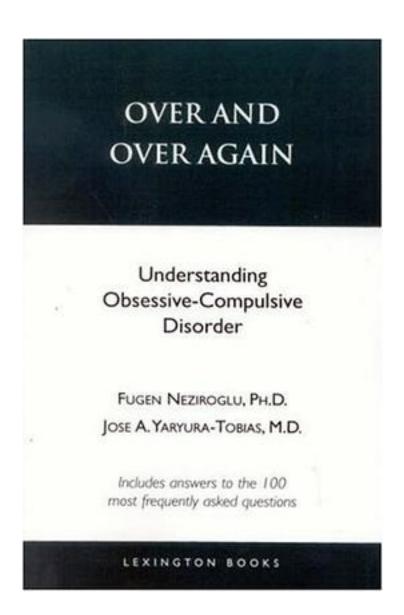
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A prescription for recovery from obsessive-compulsive disorder, this new paperback combines the latest in scientific knowledge with case histories and practical suggestions for self-help, offering new hope to those touched by this insidious and widespread malady. The authors have distilled their years of research, experimentation, and practice into a readable how-to manual.
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