

An Introduction to Theories of Human Development



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This brief, accessible core text provides a comprehensive view of the major developmental perspectives in a way that should appeal especially to students going on to applied careers in the social and behavioral sciences, education, and the human

services and other helping professions. Neither overly detailed nor unnecessarily technical, it is intended as a basic introduction. At the same time, the author does not "talk down" or condescend to the reader. He emphasizes the applied nature of these developmental theories, not only in the text material but also with features such as boxed highlights. The book is organized into five major parts, beginning with an introduction to the primary concepts and important ideas about human development and research and then grouping various theories into four major theoretical perspectives--maturational and biological, psychodynamic, behavioral, and cognitive developmental--before concluding with an integrative chapter that compares the various theories covered.

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