

# The Official Patient's Sourcebook on Frozen Shoulder

THE OFFICIAL  
PATIENT'S SOURCEBOOK  
*On*  
**FROZEN  
SHOULDER**



*A Revised and Updated  
Directory for the Internet Age*

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A REFERENCE MANUAL FOR SELF-DIRECTED PATIENT RESEARCH

Full Internet Referencing • Essentials and Advanced Studies • Chapter Glossaries

[The Official Patient's Sourcebook on Frozen Shoulder](#) [下载链接1](#)

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This sourcebook has been created for patients who have decided to make education

and Internet-based research an integral part of the treatment process. Although it gives information useful to doctors, caregivers and other health professionals, it also tells patients where and how to look for information covering virtually all topics related to frozen shoulder, from the essentials to the most advanced areas of research. The title of this book includes the word official. This reflects the fact that the sourcebook draws from public, academic, government, and peer-reviewed research. Selected readings from various agencies are reproduced to give you some of the latest official information available to date on frozen shoulder. Following an introductory chapter, the sourcebook is organized into three parts. PART I: THE ESSENTIALS; Chapter 1. The Essentials on Frozen Shoulder: Guidelines; Chapter 2. Seeking Guidance; PART II: ADDITIONAL RESOURCES AND ADVANCED MATERIAL; Chapter 3. Studies on Frozen Shoulder; Chapter 4. Books on Frozen Shoulder; Chapter 5. Multimedia on Frozen Shoulder; Chapter 6. Periodicals and News on Frozen Shoulder; Chapter 7. Physician Guidelines and Databases; PART III. APPENDICES; Appendix A. Researching Your Medications; Appendix B. Researching Alternative Medicine; Appendix C. Researching Nutrition; Appendix D. Finding Medical Libraries; Appendix E. Your Rights and Insurance; ONLINE GLOSSARIES; FROZEN SHOULDER GLOSSARY; INDEX. Related topics include: Adhesive capsulitis, Arthrofibrosis, Check-rein shoulder, Periarthritis, Pericapsulitis.

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