

# Living in the Middle Ages



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The "Exploring Cultural History series provides students and general readers with the major highlights of life in human cultures from ancient times to the present. Each anthology focuses on a particular era and region and presents primary and secondary documents that examine the family, home life, food and drink, women, childhood and education, arts and leisure, literacy and literature, roads and means of communications, slavery, religious beliefs, and more. Primary sources allow original voices from a past culture to echo through the corridors of time to give these top cs immediacy and authenticity. Essays by historians and other modern scholars specializing in the topic add overviews and objective factual information to enhance the eyewitness accounts. An annotated table of contents, chronology, and extensive bibliography add clarity and context. Each volume in "Exploring Cultural History series opens a unique window through which readers can gaze into a distant time and place and eavesdrop on life in a vanished culture. An intimate look at the daily life of men, women, and children during the Middle Ages. This book examines the working and leisure life of medieval people through essays and primary sources. How they dressed, what they ate, and how they dealt with life's tragedies are just a few of the insightful glimpses into the personal lives of the medieval citizen.

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