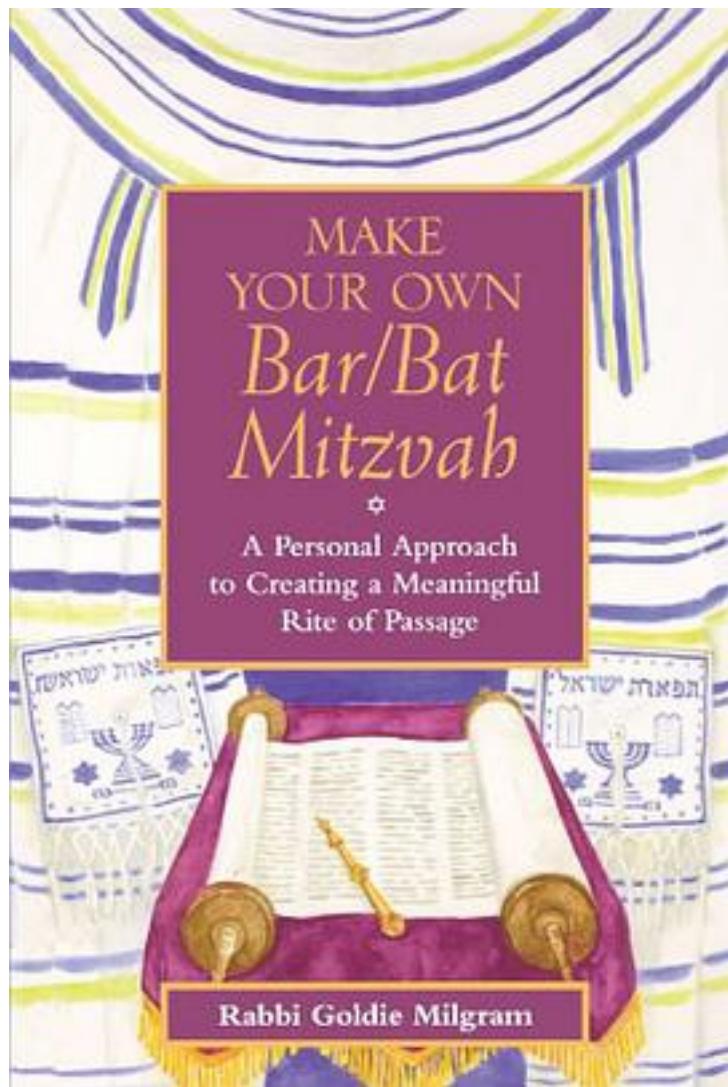


# Make Your Own Bar/Bat Mitzvah



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Make Your Own Bar/Bat Mitzvah is using and inspiring guide that takes you step-by-step through the process of creating a very personal and meaningful Bar/Bat Mitzvah. This book offers a joyful and effective planning process that will help you produce a coming of age ritual filled with innovative ideas and sound guidance. Rabbi Goldie Milgram provides an effective, exciting process to help you organize this experience to meet your needs, in particular your studies, mentors, service, Torah talk, party, gifts and expressions of appreciation. Pragmatic and inspiring, this ground-breaking work will help students, families and communities to create healthy and memorably happy bar/bat mitzvah experiences. Rabbi Goldie Milgram is spearheading the Bar/Bat Mitzvah Institute Initiative, developed under a grant from the Nathan Cummings Foundation and focused upon creating more meaningful and effective ways of preparing students for bar/bat mitzvah. Author of Reclaiming Judaism as a Spiritual Practice: Holy Days and Shabbat, she is Founder and Executive Director of the non-profit educational research and training group, P'nai Yachadut and also runs the highly regarded web site family ReclaimingJudaism.org. Reb Goldie Milgram is an extraordinary, creative, and wise teacher/mentor/guide/partner in the exploration of the Bar/Bat Mitzvah process. She takes the reader on a multi-dimensioned journey to discover various meaningful traditions and rituals and, in turn, to express them into a spiritually significant celebration. This book is the Bar/Bat Mitzvah's equivalent to What Color Is Your Parachute.?

-Peninnah Schram, author, Stories One Generation Tells to Another ?Rabbi Goldie Milgram restores relevance and spirituality to the process of becoming bar/bat mitzvah. Her guidance is delivered with great wisdom and compassion. I highly recommend this work.?

-David A Cooper, author of God is a Verb

作者介绍:

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