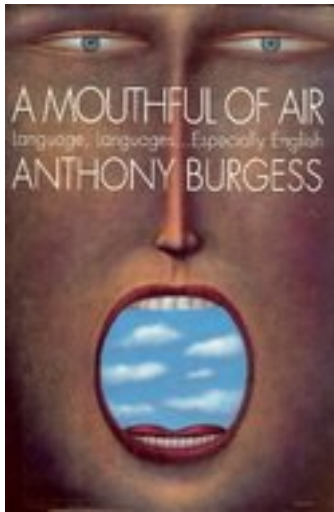


A Mouthful of Air



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著者:Koppelman, Amy

出版者:

出版时间:

装帧:

isbn:9781931561891

About the Book The riveting story of a young Manhattan mother's struggle with postpartum depression, *A Mouthful of Air* illuminates the power and complexity of the human mind. *Elle Magazine* called it "smart, and] sensitive" and *The St. Petersburg Times* declared, "Koppelman's prose is as spare and powerful as poetry." Now in paperback, this brave, deeply relevant novel will continue to bring a compassionate and honest voice to a topic too often shrouded in shame. About the Author Amy Koppelman is a graduate of Columbia's MFA program. Her writing has appeared in *The New York Observer* and *Lilith* magazine. She lives in New York City with her husband and their two small children. *A Mouthful of Air* is her first novel. Praise "*A Mouthful of Air* is a satisfying antidote to the now-hackneyed Mothers Struggling and Juggling Babies and Hedge Funds story line. Let's hope all this mainstreaming of postpartum will help demystify the illness and de-demonize the women who suffer from it." -- *The New York Observer* "Lean, minutely detailed and frighteningly convincing. Koppelman skillfully builds suspense as Julie battles her demons, conjuring up an airless, oppressively stifling world." -- *Publishers Weekly*

作者介绍:

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