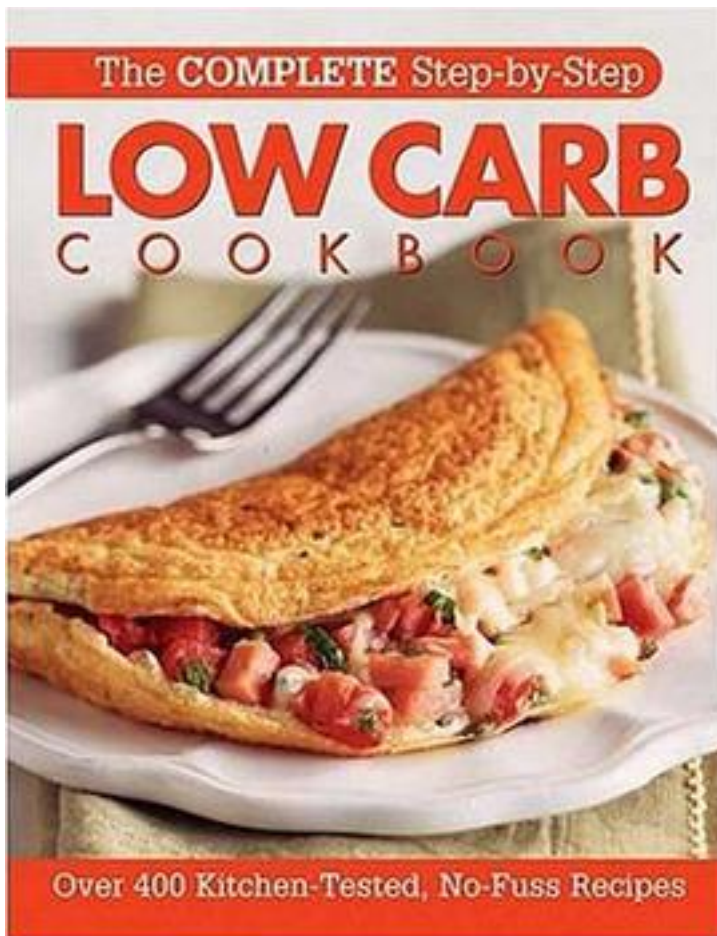


The Complete Step-By-Step Low Carb Cookbook



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著者:Cain, Anne

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If you're living the low-carb lifestyle, you'll love it even more with this all-new cookbook from the editors of "Cooking Light and "Southern Living books. Over 400 recipes inspire you to stay true to your low-carb plan without feeling taste-deprived. These

easy-to-make dishes feature lean meats, high-fiber, and "good fats."

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