

# Love Your Leftovers



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Create delicious meals with this brilliant guide to making the most out of the food you have left in the fridge. With 50-lip smacking recipes, you'll never have to throw away food again. In these times when we all have to tighten our purse strings, being able to make a little go a lot further is important, so this special selection of meals will become your essential kitchen companion. Furthermore, using up the bits and pieces from last night's meal will reduce your food miles, so you are not only saving money, but doing your bit for the environment too; it's a win-win situation!

With delicious ideas for lunch, dinner, snacks, desserts, and more, you're sure to find something to feed the family, or more indulgent recipes for comfort food to enjoy with

friends. There are new twists on classic dishes, like the quick and easy cauliflower cheese, and ways of using up old vegetables to make a tasty soup, quiche, or curry. Ever wondered what to do with the bread that's past its best? Turn it into an excellent bread and butter pudding, or create some crunchy courtons to go with your soup. Overripe bananas can also be saved: they are amazing when sauteed and spread on toast, or you could try baking some banana bread. If meat is your thing, there's a plethora of ideas to make the most of the remains of a roast. The chicken risotto is to die for, while the beef salad is the perfect light lunch for those on a health trip. by using this fantastic book, you'll soon discover that with a little inspiration, leftovers can be easily transformed into brand new dishes.

\*50 quick, easy recipes showing you how to create delicious meals from your leftovers.

\*Save money by using up all the bits and pieces from last night's meal.

作者介绍:

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