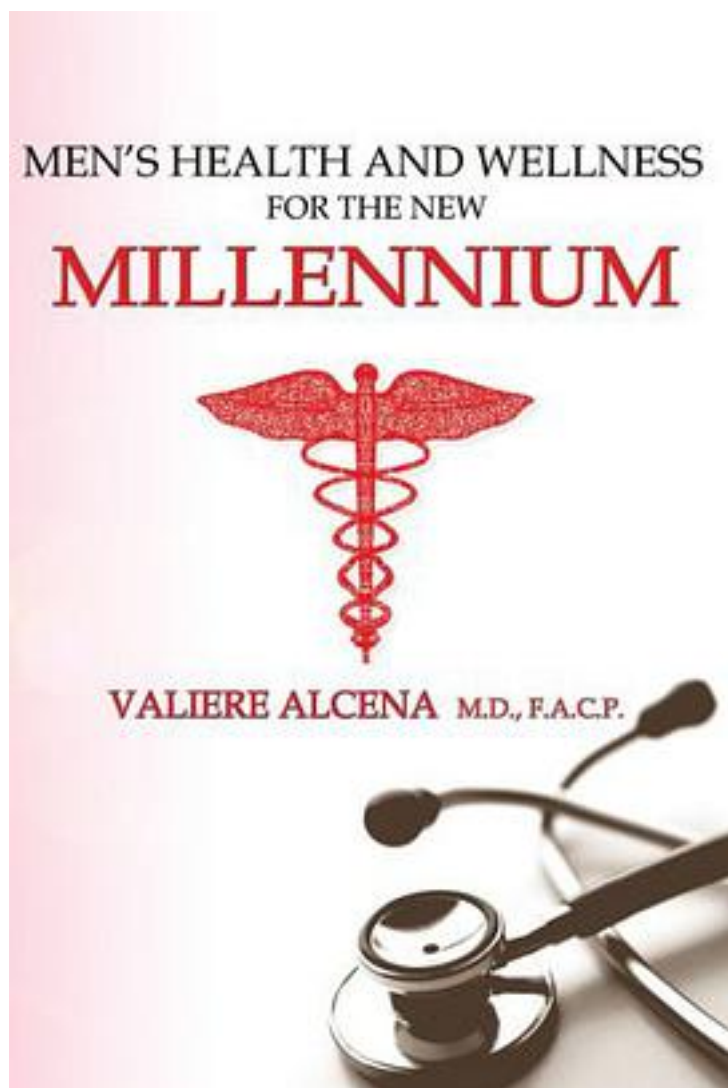


Men's Health and Wellness for the New Millennium



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Millions of men suffer from diseases such as diabetes, hypertension, heart disease, cancer, obesity, and other ailments."Men's Health and Wellness for the New Millennium" explains why these diseases occur, how to evaluate them, and how to treat them. Geared toward the medical professional but written in such a way that a layperson can understand its language and concepts, Dr. Valiere Alcena explains the best way to take a person's blood pressure, how hypertension affects different areas of the brain, the proper ways to treat various diseases in men, and much more. Dr. Alcena also delves into the risk factors for different age groups and races, explains the variations between assorted types of strokes, and offers suggestions to men and their doctors on how to reduce susceptibility to various illnesses. If you are a doctor trying to diagnose or treat an illness or if you are simply looking for recommendations on how to cope with or avoid an illness, "Men's Health and Wellness for the New Millennium" has the answers you seek.

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