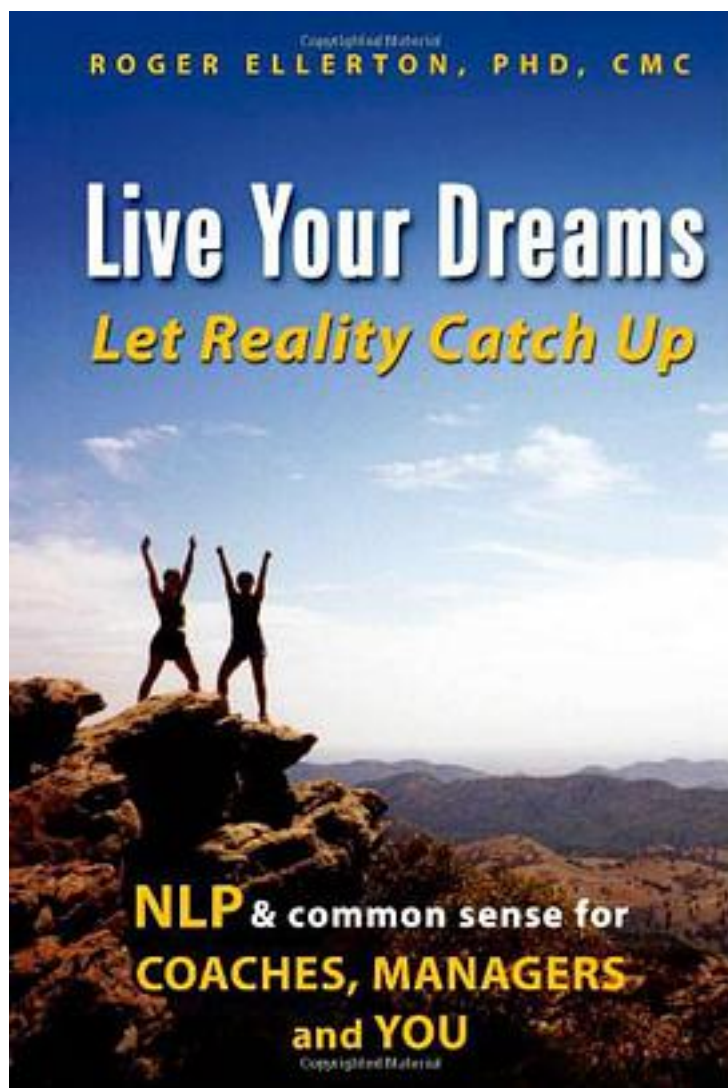


Live Your Dreams... Let Reality Catch Up



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"If you can imagine it, you can achieve it. If you can dream it, you can become it."
-William Arthur Ward How many of us live our lives according to others expectations? How many of us have put our lives on hold to accommodate a spouse (current or past), our parents, our children, someone who is needier than us, for our job... How many of us wander through life, with one day the same as the next with little passion for living or purpose in life? How many of us know we could do better, if only we knew how to communicate ? with ourselves and with others? Live Your Dreams... Let Reality Catch Up helps you discover who you are, what really motivates you and provides you with the knowledge and tools for you to choose what you want in life. It all begins with communication ? the conversation you have with yourself and then the conversation you have with someone else. Do you tell yourself how wonderful you are or do you focus on how things can go wrong, that you do not deserve to succeed? After you have had this conversation with yourself, how does this affect the conversation you have with someone else? And once more do you prove yourself right? And settle for less than you deserve? NLP (Neuro-Linguistic Programming), the subject of this book, has helped thousands to discover their own potential, is it your turn? Are you ready? This book does not pretend to know what is best for you, nor will it tell you how you should live your life. It provides a Toolkit for Transformation and is the Life Manual you didn't get when you were born It's all about recognizing you have choice, you are always choosing. You have the choice of ?continuing to do what you have alwaysdone and get the same results, or you can choose to do something different.

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