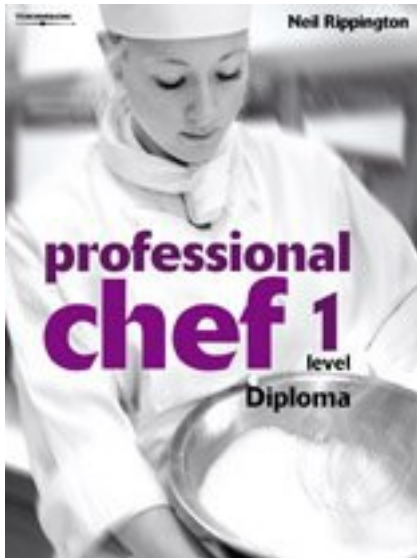


# Professional Chef - Level 1 - Diploma



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出版者:

出版时间:2007-5

装帧:

isbn:9781844805303

Take your first steps towards a career as a top chef with Professional Chef: Level 1. Designed to give you the foundation knowledge required to ensure you reach the top of this high profile career, it is the first dedicated book for students studying the certificate in food preparation and cookery at level 1. Written in a clear, easy-to-follow style and packed with four colour illustrations throughout, Professional Chef: Level 1 helps equip you with the confidence and the culinary skills you need to gain your certificate, succeed in the workplace or continue onto your level 2 qualification. From boiling to braising, chopping to carving Professional Chef: Level 1 provides straightforward instructions for carrying out the core techniques including; deep and shallow frying, boiling, poaching, steaming, stewing, roasting, baking and grilling ensuring you are fully prepared for the demands of working in a professional kitchen environment.

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