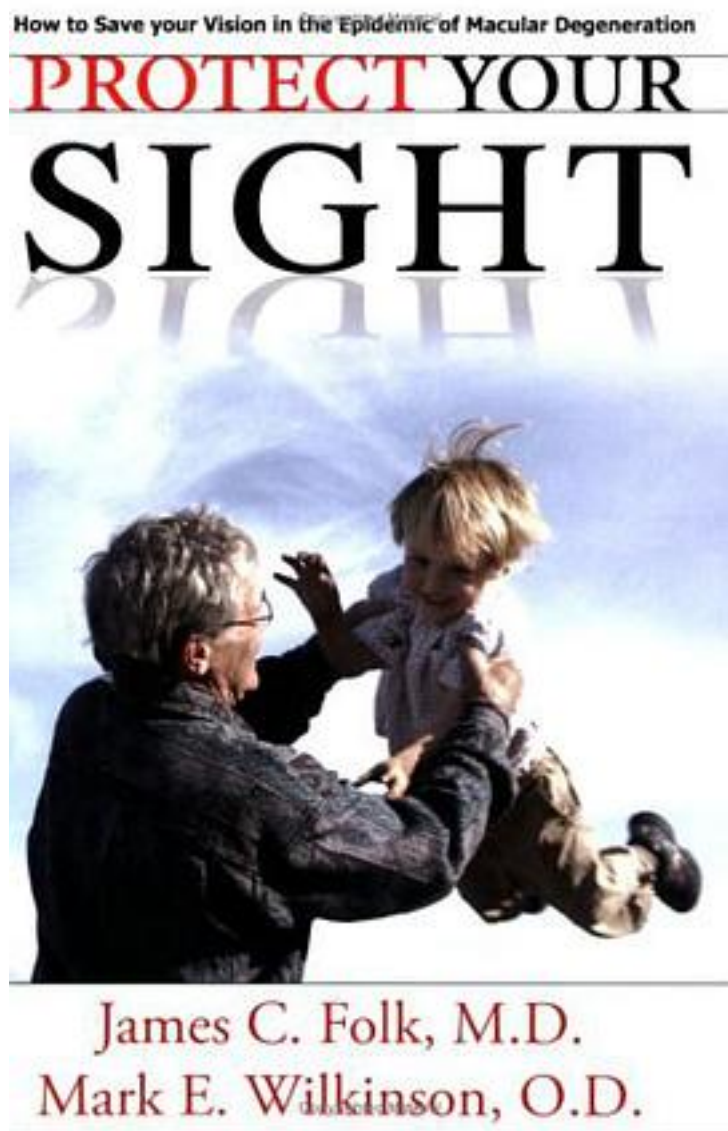


Protect Your Sight How to Save Your Vision in the Epidemic of Macular Degeneration



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James Folk, MD and Mark Wilkinson, OD are professors at the University of Iowa. They are experts in the field of macular degeneration, and they are not being paid by anyone to recommend anything. They treat patients with age-related macular degeneration almost every day, perform research that explores the causes of AMD, attend scientific meetings, participate in treatment trials, and promise to tell you the straight scoop. They will tell you what scientists and doctors all over the world know about this disease, and, just as importantly, what they don't know. The first three chapters describe AMD along with the latest science which yields clues to what causes it. You need to understand the disease in order to fight it. The last six chapters tell how you can fight back to save your vision. They will talk about changing your lifestyle, eating the right foods, and taking multivitamins with zinc along with other medications which may reduce the risk of vision loss. They will discuss the latest treatments for the wet form of AMD, including new ones that have not yet been approved but show promise. They will also talk about how to maximize your remaining vision and live as full a life as possible. You can fight back to save your sight. Drs. Folk and Wilkinson will tell you how. Endorsements "The field of age-related macular degeneration is exploding with new research and treatments. It is impossible for patients, or even eye doctors, to keep up on the latest findings and treatments. Drs. Folk and Wilkinson are experts in this field and have the exceptional ability to communicate difficult information in a simple, straightforward style. This is a great book on AMD for the patient and eye care provider and I highly recommend it." - Edwin Stone, M.D., Ph.D., Professor of Ophthalmology, Howard Hughes Medical Investigator, University of Iowa "Even though I've had macular degeneration for more than ten years, your book taught me a lot of new information. It's very easy to read and understand. I liked the glossary because I can look things up and get my questions answered quickly. I thought the video was excellent to actually see what patients like me go through. I think everyone who has this disease, (and their families and doctor), would benefit from this book. Thank you for sending it to me." -RM, a retired teacher and patient with age-related macular degeneration "I'm a busy vitreoretinal specialist and see many patients with age-related macular degeneration. This book presented the latest on research, medical and surgical treatment, and low vision. It also explained where the research and treatment was going in the coming five years and how to keep up-to-date with the new findings. I recommend this book to anyone who takes care of patients with AMD. The book will be especially valuable to my patients who can learn what to do to reduce their chance of losing vision and improve their quality of life." -Denise L. Kayser, MD, North Bay Vitreoretinal Consultants

作者介绍:

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