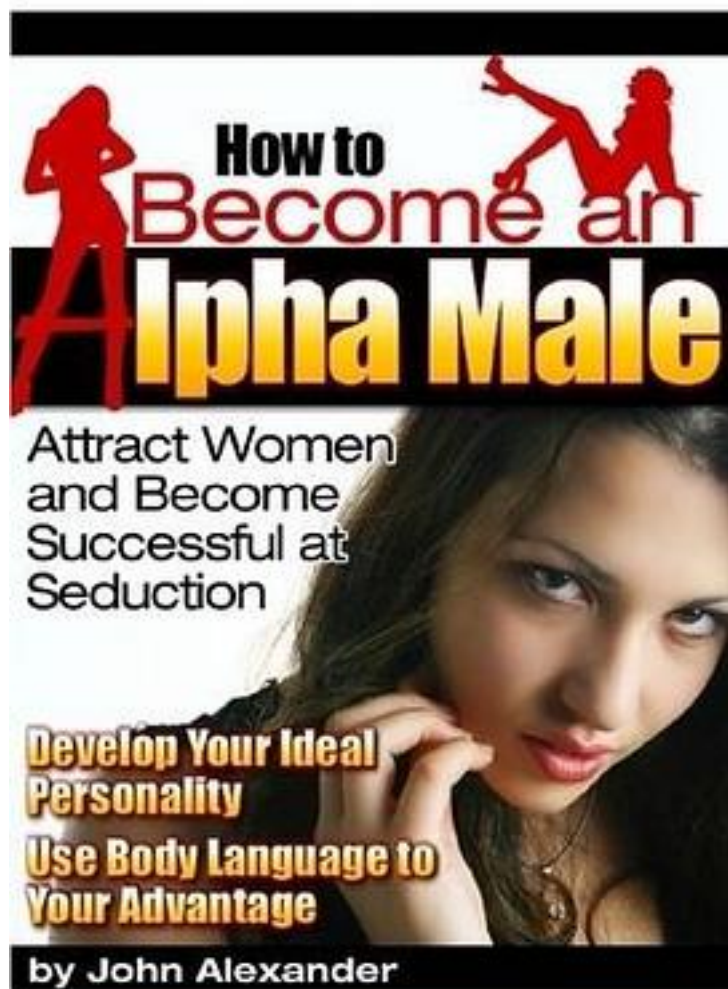


# How to Become an Alpha Male



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著者:Alexander, John

出版者:

出版时间:

装帧:

isbn:9781411636606

How to Become an Alpha Male Review – John Alexander’ s book, “How to Become an Alpha Male” , gives indepth look at the what it means to be an alpha male and the mindset that comes with it. You may not be familiar with AlphaMalethe term alpha male, but in seen in the context of nature, it is a term used to describe the male animal that is dominant leader of a group. When people refer to alpha males in our society, it is someone who has dominant characteristics. Having dominant characteristics doesn’ t necessarily mean being stronger, faster, or bigger, but it could relate to socioeconomic status, like how much money you have or how popular you are. Fortunately, you do not have to have any of these things to be an alpha male. Being “alpha” is a mindset, and this is what Alexander’ s book goes over.

作者介绍:

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