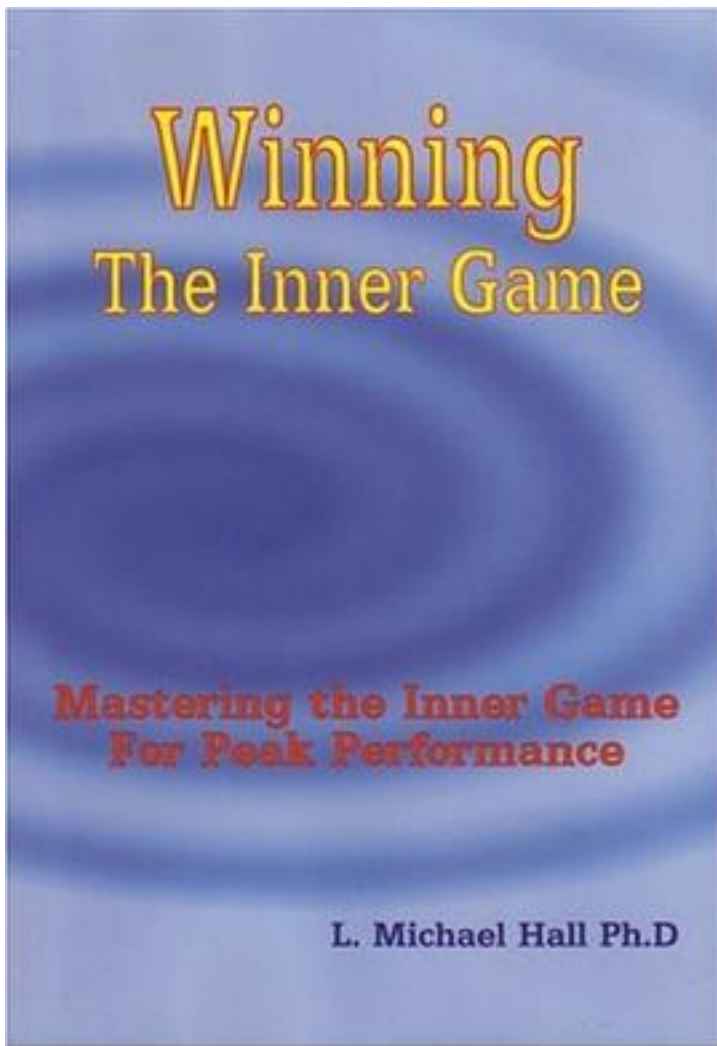


Winning the Inner Game



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Previously published as Frame Games, this new edition shows how to operate and successfully play "The Inner Game." Fail to do so and you'll keep buying more self-help books to try to understand the game of life and how to succeed in all of its dimensions. The Inner Game opens up all of the multiple layers of frames that make up our belief systems and reveals the Matrix within. It is in the construct of the Matrix that we create the inner game, its rules, and governing frames of life. Experiencing these dimensions of mind and emotion, time and space, meaning and performance will enable you to master your Matrix.

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